



Winter/Spring  
Catalog 2018



**SKIES** *Unlimited*  
Schools of **Knowledge**, **Inspiration**, **Exploration** & **Skills**

# About Us

The SKIES*Unlimited* Program at USAG Italy supports the Child & Youth Services commitment to Families by enhancing options for the development of youth through quality learning opportunities.

We offer instructional classes for youth in each of our four schools: School of Academics, Arts, Life and Sports. SKIES*Unlimited* is committed to creating an environment of excellence by providing quality class materials and using instructors who are certified experts in their fields. Classes are offered for specific age groups ranging from 6 months to 18 years old.

Enrollment for SKIES*Unlimited* classes takes place at CYS Parent Central Services in the Davis Soldier & Family Readiness Center, Bldg. 108 or online at <https://webtrac.mwr.army.mil>

For more information on classes, or if you are interested in becoming a SKIES*Unlimited* instructor, please call +39 0444-71-8447 or send an email to [usarmy.usag-italy.imcom-europe.mbx.fmwr-vmc-pcs@mail.mil](mailto:usarmy.usag-italy.imcom-europe.mbx.fmwr-vmc-pcs@mail.mil)

## Our Philosophy

At SKIES*Unlimited*, our focus is high quality instructional classes inspiring our students to explore, learn and grow.

Through a cadre of caring faculty and staff, we encourage our students to set high goals and work to achieve them.

We strive to provide a variety of educational activities for all members of our CYS Family and seize every opportunity to learn, grow, support and have fun!

Thank you for supporting the SKIES*Unlimited* program!

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## About the Instructor



Alice Lollis

**Alice Lollis** was born and raised in a small village near Vicenza where she began practicing gymnastics at the age of four.

Alice has been an instructor with a gymnastics school in Torri di Quartesolo since 2007.

She is working on completing her degree in foreign languages from Verona University.

She has gained experience with children by teaching gymnastics and tutoring in Italian since 2007.

She is excited about the opportunity to work with English speaking children and share her love for Italian language and culture.

# PARLI ITALIANO?



## Sessions and Fees

### Beginner

**Session 1: Jan. 20 - Feb. 24**

**Session 2: Apr. 14 - May. 19**

**4-6 years** - 9-9:45 p.m.

**7-9 years** - 9:50-10:40 p.m.

**10-14 years** - 10:45-11:40 p.m.

Classes are held Saturdays in the School Age Center, Bldg. 703, Villaggio.

Cost is \$48/session (6 classes)

### Intermediate

**Session 1: Jan. 16 - Feb. 20**

**Session 2: Apr. 10 - May. 15**

**4-6 years** - 3-3:45 p.m.

**7-9 years** - 3:50-16:40 p.m.

**10-14 years** - 16:45-17:40 p.m.

Classes are held Tuesdays in the SKIES, Bldg. 304, Villaggio.

Cost is \$48/session (6 classes)

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services in Bldg. 108 or online <https://webtrac.mwr.army.mil>

## Class details

Students learn the Italian language and culture through the use of stories, puppets, arts & crafts, games, and songs.

**Italian Language Beginner:** The themes will include introducing oneself and greetings, colors, parts of the body, numbers one to ten, animals, and food.

**Italian Language Intermediate:** The themes will include school, directions, seasons & months, days of the week & holidays, basic grammar, and the verbs “to be” and “to have”.

*Students must have attended the Beginner class in order to sign-up for the Intermediate class.*

Parents Day Out- PNO



## About the Instructor



Latica Vitez

**Latica Vitez** has been teaching a mixture of arts, crafts and culture classes with the SKIES program for the past three years.

She was born to an artistic family in Zagreb, Croatia. She graduated from the School of Applied Arts and Design in Zagreb, the same school in which her father studied. She obtained a post-graduate diploma in Jewelry Design from the Scuola d'Arte a Mestieri di Vicenza, and in 2014 she completed an additional degree in Conservation of Cultural Heritage and Performing Arts Management at Ca' Foscari, Università di Venezia.

In her youth, Latica worked as an arts and crafts camp counselor in California with the International Counselor Exchange Program.

She regularly participates in exhibitions showcasing her experience with different forms of illustration, various aspects of visual design and creative expressions.

Latica also collaborates with three Italian elementary schools organizing artistic projects and creative programming.

## Arts and Crafts

### Barbarians and Angels

**Class details:** Students will learn about the sessions's theme by creating unique hands-on artistic projects. Each project gives youth an opportunity to explore different art mediums and create!

*Each lesson will be inspired by the magic of barbarian legends from Vikings, Normans & Slavic tribes and stories about angels.*

*The students will use their imagination to craft flowers, animals, magic creatures, barbarian weapons, necklaces, angel wings, and symbols of beauty, kindness, & shiny accessories.*

**Open to youth ages 6-12 years old.**

**Session 1: Jan. 20 - Feb. 10**

*(Norman & Viking conquests)*

**Session 2: Feb. 24 - Mar. 17**

*(Huns - Attila the Hun, ancient Croats, & Mongols - Tatars tribes)*

**Session 3: Apr. 7 - Apr. 21**

*(angel creatures)*

*(cost is \$45/3 classes this session)*

**Session 4: May 5 - May 26**

*(animal angels & unicorns)*

Cost is \$60/session (4 classes)


*Please note: Youth can enroll in any session.*

**Enrollment Min. 4 | Enrollment Max. 10**  
**Dates/Times:** Saturdays, 11 a.m. - 12:30 p.m.  
**Location:** SKIES Bldg. 304, Villaggio

# Drawing and Painting

## Fine Art

**Class details:** Students will work on specific projects to develop the skills needed for drawing and painting by exploring different techniques and mediums.

 Each lesson will be inspired by different **Masters** of art and their works from Michelangelo to Tiziano to Picasso, Van Gogh and Pollock.

*Students will express themselves and work on developing artistic skills in drawing and painting. Each session will focus on different artistic styles from throughout the ages starting with art from the Byzantine period to more modern abstract art.*

**Open to youth ages 6-12 years old.**

**Session 1: Jan. 20 - Feb. 10**

*(golden glory of Byzantine artistic style)*

**Session 2: Feb. 24 - Mar. 17**

*(Italian Renaissance masters)*

**Session 3: Apr. 7 - Apr. 21**

*(expressionism, impressionism, & cubism)*

*(cost is \$45/3 classes this session)*


**Session 4: May 5 - May 26**

*(abstract art & action painting)*

Cost is \$60/session (4 classes)

*Please note: Youth can enroll in any session.*

**Enrollment Min. 4 | Enrollment Max. 10**

**Dates/Times:** Saturdays, **9 a.m. - 10:30 p.m.** 

**Location:** SKIES Bldg. 304, Villaggio

Discover Fine Art with Ms. Latica

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## Enrollment for Art

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services,  
located in Bldg. 108, or online at  
<https://webrac.mwr.army.mil>



## About the Instructor



Silvia Buico

**Silvia Buico** is no stranger to the dance program on Caserma Ederle, she began teaching Creative Movement, Tap and Ballet for Child and Youth Services in 1989.

Silvia studied ballet under the Royal Academy of Dance curriculum. She studied and performed Spanish Dance and Sevillanas and attended Medieval Dance classes at the Conservatory of Music in Vicenza.

Her passion for dance and teaching is evident in the warmth which radiates from her as she works with her youngest of students always looking for new ways to inspire.

Silvia is also an instructor of dance on the Italian economy. Her Italian Tap troupe has performed in the Teatro Comunale and in 2012 won a dance competition.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg.108, or online at <https://webtrac.mwr.army.mil>



# Sessions and Fees

**Dance Session: Jan. 16 - May 17**

*(No classes on Feb. 19, Apr. 2-5, 25 & May 1)*

## **Parent & Me Love to Dance**

**ages 3-5 years**

from 9:30-10:15 a.m.

## **Pre-Dance**

**ages 4-6 years**

from 3:30-4:20 p.m.

Classes meet Tuesdays  
Cost is \$128 (16 classes)

## **Tap**

**ages 7 years and older**

from 4:30-5:40 p.m.

Classes meet Tuesdays  
Cost is \$160 (16 classes)

## **Ballet**

**ages 7-12 years**

from 4:15-5:25 p.m.

Classes meet Thursdays  
Cost is \$170 (17 classes)

## **Ballet Pre-Pointe**

**ages 12 years and older**

from 3-4 p.m.

Classes meet Mondays & Wednesdays

Cost is \$248 (31 classes)

**Enrollment Min. 5 | Enrollment Max. 15**

**Location:** SKIES Bldg. 308, Ederle

## Class details

*Parent Participation is required for Parent & Me classes.*

The instructor may move children between classes based on their skill levels.

**Parent & Me Love to Dance** will introduce young dancers to the foundation of dance for Ballet, Jazz and Tap.

**Pre-Dance** introduces young dancers to the foundation of Ballet & Jazz such as flexibility, turn-out, and rhythm.

**Tap** is an exciting form of dancing in which dancers wear special shoes equipped with metal taps.

**Ballet** will continue to build on the foundation in dance, refining proper Ballet positioning.

**Ballet Pre-Pointe** uses traditional bar and floor exercises to develop correct posture and strength. Students are assessed by our instructor before they are allowed to commence point work.

*Assessment Dates: Jan. 9 & 10  
from 3:30-4:30 p.m.*

**Uniforms are required for all dance classes.** Uniform information is listed on patrons' receipts at the time of enrollments and on webtrac under class information.

## **Spring Dance Recitals**

The SKIES Dance program (Ms. Silvia, Ms. Bromley, and Ms. Slobodanka's class) will have dance rehearsals/recitals the week of May 22-24.

The cost of dance recital costumes is not included in the class enrollment fee.

Discover Dance with Ms. Silvia



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*Lucy & Ruth Basie, Mia Keck, Rebecca &  
Victoria Reese  
Modern Dance with Ms. Slobodanka*



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## About the Instructor



Slobodanka (Boba) Bosio Olar

**Slobodanka** studied at the Jovan Bandur Dance & Musical State Institute and the Conservatory of Vicenza. She has worked with several national and international masters such as Smilja Mandukic (a student of Greta Wiesenhal) and Mariga Magipinto.

She worked from 1993 to 2002 as the artistic director of the dance school, Interplay, where she taught Modern Dance.

She currently conducts dance theatre workshops in schools for children, and she is working with various theatre companies as a dancer and costume designer.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

# Sessions and Fees

Dance Session: Jan. 17 - May 18



(No classes on Feb. 19, Mar. 30, Apr. 2, 4 & 6, 25)

## Modern Dance

ages 10 years and older

Mondays & Wednesdays  
from 4:15-5:45 p.m.

Cost is \$372 (31 classes)

## Dance Theatre

ages 10 years and older

Fridays from 3-4:30 p.m.

Cost is \$192 (16 classes)

Enrollment Min. 4 | Enrollment Max. 12

Location: SKIES Bldg. 308, Ederle

## Class details

**Modern Dance** is a form of contemporary, theatrical, and concert dance employing a special technique for developing the use of the entire body in movements expressive of abstract ideas.

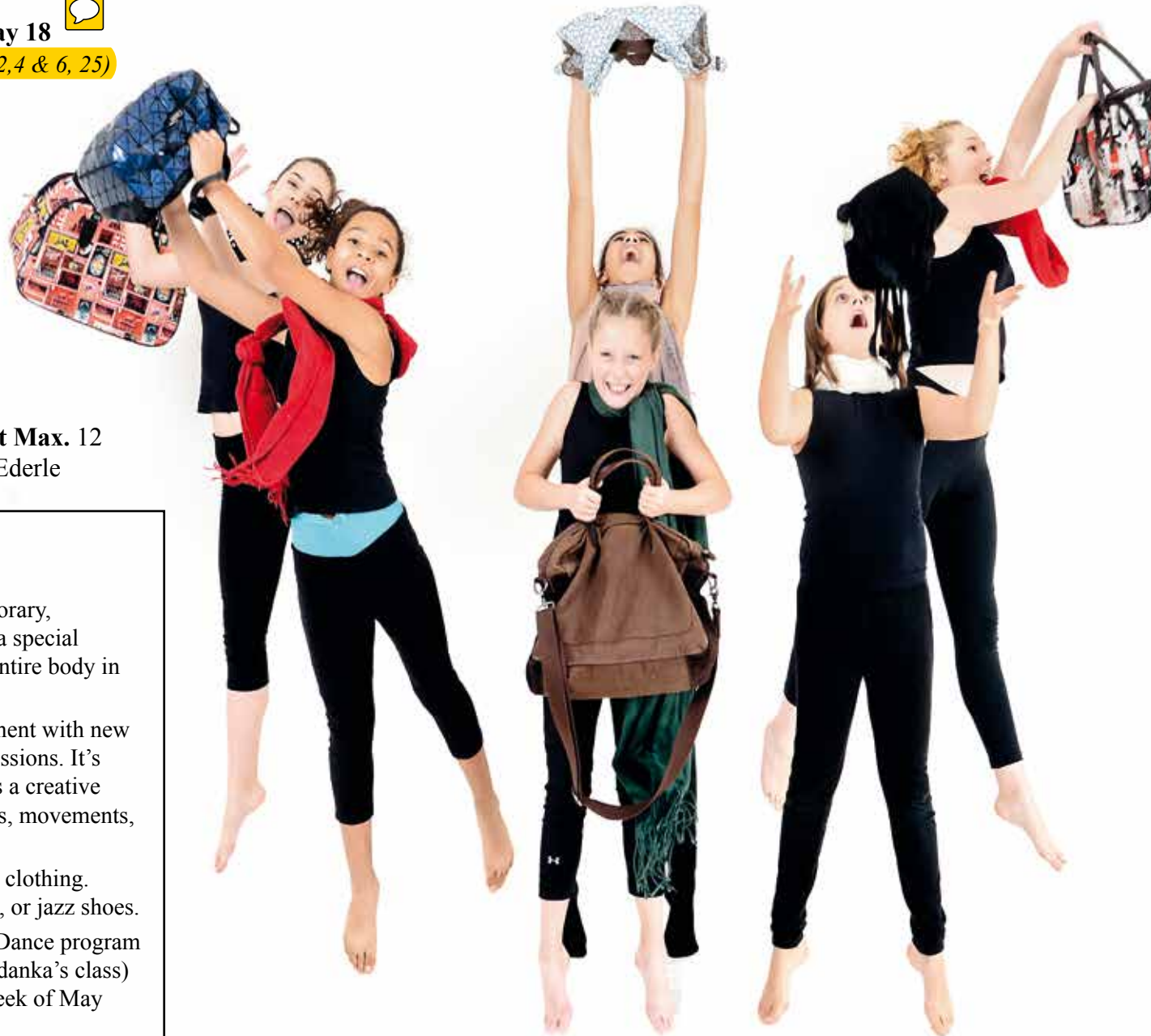
**Dance Theatre** allows one to experiment with new techniques, explorations, and body expressions. It's a choreographic phenomenon which uses a creative process through improvisation into words, movements, and actions.

**Uniforms:** Dress code is comfortable clothing. Students may dance barefoot, with socks, or jazz shoes.

**Spring Dance Recitals:** The SKIES Dance program (Ms. Silvia, Ms. Bromley, and Ms. Slobodanka's class) will have dance rehearsals/recitals the week of May 22-24.

The cost of dance recital costumes is not included in the class enrollment fee.

Discover Dance Theatre



*Sarah & Emily Newland, Rebecca & Victoria Reese, Arianna Rockel, and Giana Sovie  
Dance Theatre with Ms. Slobodanka*

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Esther Bromley

**Esther Bromley** was born in Kilburn, London to Irish parents. Esther with her family moved to Corby, Northamptonshire where at the age of seven she joined The Clifford Academy of Irish Dancing. By the age of 10, Esther was competing all over England and Ireland. She was recognized for many achievements and received awards and qualified to dance at The World Championship four times.

In 1988 Esther moved to Italy and was later asked to collaborate with a group of traditional Irish musicians called The Birkin Tree. She performed all over northern Italy and in the 90's she and Biagio Mineo (her husband) founded The Tara School of Irish Dancing near Milano, aimed to teach both 'Step' and Ceili'. The school has over 100 students.

## Sessions and Fees

**Dance Session: Jan. 18 - May 17**  
*(No classes on Mar. 22, 29, & Apr. 5)*

**Irish Dance ages 5 years & older**  
Thursdays from 2-4 p.m.  
Cost is \$240 (15 classes)

*\*Please note: This is a multi-level class.*

**Enrollment Min. 4 | Enrollment Max. 15**

**Location:** SKIES Bldg. 308, Ederle

Ms. Bromley is available for private lessons. Please inquire at SKIES.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

## Class details

**Irish Dance** is a group of traditional dance forms originating in Ireland which can broadly be divided into social dances and performance dances. Classes are taught in a group setting with youth of varying ages and skills.

**Dress Code:** Youth should be dressed in fitness clothing and shoes in which they can move freely.

The instructor may recommend purchase and can provide assistance in creating specialized soft or hard shoes.

**Spring Dance Recitals:** The SKIES Dance program (Ms. Silvia, Ms. Bromley, and Ms. Slobodanka's class) will have dance rehearsals/recitals the week of May 22-24.

The cost of dance recital costumes is not included in the class enrollment fee.

# About the Instructor



Kornelia Harskuti

Kornelia Harskuti was born and raised in Hungary. She started to learn music and piano at the age of seven with the world-famous Kodaly method.

After receiving her degree in music education, Kornelia spent a year in the United States as a volunteer.

Upon returning, she taught in a school specializing in musical education.

Since moving to Italy in 2003, she has been giving piano lessons for children and adults. She also serves as the choir director and pianist for her church.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

# Sessions and Fees

## Wiggle & Move Family Style *Parent & Me Music Classes*

**Session 1: Jan. 11 - Feb. 1**

**Session 2: Feb. 8 - Mar. 1**

**Session 3: Mar. 8 - Mar. 29**

Open to ages 3 months to 4 years old.

Classes are held Thursdays from 9:30-10:15 a.m. in the SKIES Martial Arts Studio in Bldg. 308 on Caserma Ederle.

Cost is \$64/session  
(4 classes & digital materials)

Kindermusik programs are Parent & Me classes. Parent participation is required.

## Class details

**Wiggle & Move Family Style** is a multi-age Kindermusik program. No matter your child's age, participants will learn and explore music and movement together. All activities encourage discovery and exploration and foster sharing and social skills too.

**Kindermusik programs** teach parents how to encourage their children's learning through vocal play, object exploration, instruments, and creative movement. Play instruments, sing, move - explore!

Visit [www.kindermusik.com](http://www.kindermusik.com) for more information on Kindermusik.

Discover Kindermusik®



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## Private Music Instruction

SKIES*Unlimited* offers private music instruction for:

Flute, Recorder, Guitar (Acoustic & Electric), Ukulele, Piano, Percussion, Saxophone, Violin, Viola, Cello and Voice.

Lessons are offered in thirty (30), forty-five (45), or sixty (60) minute blocks of time.

Cost is \$17 per half-hour and lessons are paid for by the month.

Lessons take place between 2-7 p.m. and are held in Bldg. 304 on Villaggio and Bldg. 308 on Caserma Ederle.

### **Availability and Waitlists**

SKIES currently has spaces available in most music programs, but availability can change quickly.

If you are interested in music instruction for your child, please stop by SKIES in Bldg. 304, Villaggio or Bldg. 308, Caserma Ederle to place his or her name on the waitlists.

The lengths of waitlists vary by programs, and slots open up monthly as families transition and schedules change.

### **Music slots prior to 3 p.m.**

If your child is home schooled or attends an Italian school which finishes earlier in the day, please contact SKIES directly – a spot prior to 3 p.m. may be available.

Call SKIES at 634-8447 to check on instructor availability.





Tommaso Saturnia  
*Piano Instructor*

**Tommaso Saturnia** was born in Verona, Italy. He started playing piano at the age of six and fell in love with both performance and composition. In 2015 he completed his degree, studying at the “Conservatorio Dall’ Abaco.” During his studies he took masters level courses with teachers across Europe and studied for six months with Lauri Vainmaa.

Tommaso is currently working on his piano soloist Master’s Degree in Verona and is also learning jazz and contemporary improvisation.

He is also playing with the violinist Stefano Gerard, with whom he has a Chamber Music Duo and he regularly teaches piano at schools in nearby Verona.

**Giorgio Dal Monte’s** passion for piano began in childhood. He was admitted to the Conservatory [Academy of Music] in Vicenza where, in 2004, he successfully gained his degree in piano.

He has attended specific courses on piano and music teaching methodology for children. He loves teaching and sharing his passion for music with his students and has high expectations for anyone he teaches.

Giorgio also plays the harpsichord and organ and continues to grow in his experience and knowledge by attending post-degree educational music programs and clinics.

Giorgio also teaches at music schools in Vicenza.



Giorgio Dal Monte  
*Piano Instructor*

**Michelle Willis** started her musical studies with the piano, recorder and later the transverse flute. She completed her undergraduate degree from Sao Paulo State University in flute performance. In 1997 she received her master’s degree in flute performance from Louisiana State University.

In 1999 Michelle moved to Boston where she taught at the Musical Suite in Newburyport and opened her own studio providing private lessons.

Michelle joined the SKIES*Unlimited* team in 2007 providing instruction for the flute, recorder and beginning piano. She also teaches adult lessons with Soldiers’ Theatre.



Michelle Willis  
*Flute, Recorder & Piano Instructor*

## Discover Piano, Flute & Saxophone



Francesco Russo  
*Piano Instructor*

**Francesco Russo** studied at the Conservatory A. Pedrollo in Vicenza with Maestri Romano Dall’alba Zancan and Stefania Redaelli where in 2010 and 2012 he successfully gained his degree in piano and chamber music with high scores.

He has attended specific courses in piano, chamber music and music teaching methodology for children. He loves teaching and sharing his passion for music with his students and is an active composer for theatre, performing a wide range of genres.

Francesco also teaches at music schools in Padova and Vicenza.

**Francesca Carniato** began playing the piano at the age of nine. Four years later, she started to play the alto saxophone. In 2009 she was admitted to the Conservatory in Vicenza to study saxophone. In October 2012 she began studying at the University of Padova and moved her music studies to the Conservatory in Padova where she graduated with a degree in saxophone performance in February 2014.

Currently she plays in concerts as a saxophone soloist and pianist. She also plays in a jazz band as first alto sax. She has played in saxophone quartets and in wind ensembles throughout her musical career.



Francesca Carniato  
*Saxophone & Piano Instructor*



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## About the Instructors

During his university studies, **Michele Fracasso** dedicated himself to the study of classical vocal instruction. He received his degree in Voice and Theatre from the **Vicenza Conservatory** in June 2007.

He teaches music education at a middle school in **Vicenza** and is the voice instructor at the Academy in **Valdarno**.

Michele continues his education and skills in voice and theatre attending workshops and expanding his knowledge of diverse genres.

Michele is excited to share his love of singing and music with his SKIES students.



Michele Fracasso  
*Voice Instructor*



Grazia Donadel  
*Voice Instructor*

**Grazia Donadel** is a singer, lyricist and songwriter. She started singing, playing guitar and composing her own songs at the age of 16.

She loves the voice and its power to free people's **emotions and minds**. She studied choral singing, bel canto with the soprano Silvia Regazzo, pop with Alejandro Martinez and Danila Satragno, canto dhrupad with Amelia Cuni and Ritwik Sanyal and jazz singing with Francesca Bertazzo, Amy London, Sheila Jordan, Shawnn Monteiro.

In 2013 she graduated in jazz performance from the Conservatory [Academy of Music] in Vicenza. She keeps improving her musical skills by performing all around Italy and by attending musical master classes.

**Christian Paganato** was born in Vicenza in 1989. He began playing drums at an early age. He was recording self-produced CDs and playing with various bands in the Veneto area by the age of 14. He studied drums with International musicians such as Alfredo Golino, Kaz Rodriguez, and Calvin Rodgers. He attended the Arrigo Pedrollo Conservatory of Vicenza and is currently working on an undergraduate thesis in Pop Drums. He has participated in television shows such as MTV, Rock TV, and Roxy Bar TV and has studio recordings with Sony, Universal, and EMI. He has a deep commitment and passion for teaching drums to children and youth.



Christian Paganotto  
*Percussion*



# About the Instructors



Alex Zerbinati  
*Guitar Instructor*

**Alex Zerbinati** is a music teacher, professional guitarist and performer.

He began his music studies in Vicenza, then moved to England to study music and English. He graduated in 2001 from the Academy of Contemporary Music in Guildford at Surrey, England.

He has been teaching private lessons for the past 16 years. He plays and records with a number of different bands performing different genres of music.

He attends music workshops regularly and has provided on stage translations for teaching clinics held in Italy by world-renowned guitarists.

**Arrigo Martelli** started playing guitar during childhood. At the age of 10 he was admitted to the Conservatory [Academy of Music] in Vicenza, where he continued his studies in guitar.

In 2007, Arrigo graduated from the Conservatory with the highest degree in classical guitar.

In addition to classical guitar, Arrigo also plays the ukulele, electric and acoustic guitar. He is a member of a number of musical groups including a chamber music quintet and a 50's style trio which performs American rockabilly and swing in local venues around the Vicenza area.



Arrigo Martelli  
*Guitar & Ukulele Instructor*

**Juan Martin Oyhenart** was born in Argentina. At age seven, he began studying guitar at the "Gilardo Gilardi" Conservatory of Music in La Plata. In 2002, he moved to Italy to continue his studies and focus on classical music. In 2009, he received his degree in classical guitar performance.

Currently, he is enrolled in a master's program for classical guitar performance.

Juan has been working as a performer and guitar instructor in several music schools in the Vicenza area since 2007. He also has experience with musical editing and with guitar making and restoration, which has given him a deeper understanding of the instrument.



Juan Martin Oyhenart  
*Guitar Instructor*

Discover Guitar & Ukulele

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**Davide Pilastro** began playing cello at age of ten and in 2015 he received his degree at the Conservatory of Vicenza.

He performs with several orchestra and chamber music ensembles, playing classic and pop music in various tours throughout Italy and abroad. He's improving his skills studying Chamber Music at Conservatory of Vicenza.

One of his conviction is that Music is inside all people and it can helps everyone; and so he is studying Music Therapy at the school "Inartesalus" of Santorso.

Davide also teaches cello at music schools in Vicenza.



**Davide Pilastro**  
*Cello & Piano*  
Instructor

## About the Instructors

**Marta Guarda** is a violin instructor and performer. In 2007 she received her degree in violin performance from the Conservatory [Academy of Music] in Vicenza.

Marta has worked for many years as a violin tutor in Italy, as well as in the United Kingdom while participating in a student exchange program.

She performs with several orchestras and chamber music ensembles, with which she has taken part in various tours in her home country of Italy and abroad.

Passionate about foreign languages and cultures, Marta holds her doctorate in applied linguistics and English studies with the University of Padova.



**Marta Guarda**  
*Violin Instructor*



**Giulia Ferrari**  
*Violin & Piano*  
Instructor

**Giulia Ferrari** began studying piano at the age of six and began the violin two years later.

She graduated with a piano degree from the Conservatory in Vicenza in 2000 and a violin degree in 2003 from the Conservatory in Padova. She further improved her skills by studying at the "S. Cecilia" Academy in Portogruaro.

Giulia has been teaching both instruments for many years in several music schools in Padova, Vicenza and Venice. She has been a member of many different chamber music and orchestra ensembles and performs both in Italy and abroad.

She also completed her school studies at the University of Padova graduating with a degree in Biology in 2006.

**Lidia Manuzzato** began studying violin when she was 6 years old. In 2009 she received her degree in violin performance from the Conservatory [Academy of Music] in Vicenza.

Passionate about children, Lidia received her degree in Educational Sciences in 2009 from the University of Padova. She is currently studying Elementary Education.

She performs with several orchestra and chamber music ensembles and has participated in various tours throughout Italy and abroad.

Lidia works as a performer and violin instructor in several music schools in the Vicenza and Verona area.



**Lidia Manuzzato**  
*Violin Instructor*

Immersion Preschool



Elena Zanotto

## Sessions and Fees

Open to youth: 5-12 years old

**Session 1:** Jan. 16 - Feb. 6

**Session 2:** Feb. 20 - Mar. 13

**Session 3:** Mar. 20 - Apr. 10  
(no class on Apr. 3)

(cost is \$90/3 classes this session)

**Session 4:** Apr. 17 - May 15

**Classes Meet Tuesdays**

**Class 1:** 3:30-5 p.m.

**Class 2:** 5:30-7 p.m.

\$120 per session (4 classes)

Classes are held in the SKIES

Kitchen in Bldg. 308 on

Caserma Ederle.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army>.

## About the Instructor

**Elena Zanotto** has been cooking since she was a child. She discovered her joy of cooking in a countryside where she planted her own vegetables.

She currently owns her own business, a cooking school for children, where she enjoys her passion for Italian food by preparing healthy selected recipes.

### Class details

Cooking classes are specifically planned for children to improve their skills in the kitchen.

The course will provide the opportunity to experiment with Italian traditional recipes (home made pasta, pizza, tiramisu, and many others) and discover the local products.

Each session consists of four classes and will involve different recipes so youth can participate in one or all four session and discover new ideas in each class on their way to becoming a little chef!

The instructor's goal is for youth to understand the value of homemade recipes and create their own menus. Most of all, they will have fun!

Each session is limited to 10 participants.

# About the Instructors

**Roberta Cantiani** has been providing swim instruction since 1989, when she started in her hometown of Rome, Italy. She later developed her language skills as a certified scuba instructor working for a tourism company in Milan.

Roberta has specialized training as a swim instructor for pregnant mothers and Parent & Me classes in the community.



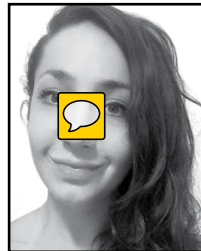
Roberta Cantiani



Isabella Pozzato

**Isabella Pozzato** is originally from the Vicenza area. Her passion for swimming started in her first swim class at the age of three. She began teaching in 1985 at sports clubs in Marostica and Vicenza and has also worked as a lifeguard. She has been teaching with us for the past 7 years and loves instructing children. She also teaches other swim classes in our community.

**Valentina Bonelli** was born in Vicenza in 1994. She started swimming at a very young age and made the Vicenza waterpolo female team at the age of 13. She is lifeguard certified and has been coaching waterpolo and teaching water fitness since the age of 18. She is passionate with the English language and very excited to teach for SKIES which combines all of her favorite things.



Valentina Bonelli

## Discover Swimming

**Orazio Comberlato** was born and raised in the Thiene area. His passion for swimming started when he was young and he has been swimming ever since. Orazio began providing swim instruction in 1998 in Thiene. He has also worked as a coach.

In 2007, in addition to his coaching and instruction he started teaching specialized classes for aquatic rehabilitation and become certified as a reflexologist in 2009. He loves working with children and is very happy to be a part of the SKIES team.



Orazio Comberlato



Claudia Gallo

**Claudia Gallo** started swimming when she was 3 years old. In her youth and teen years she was a competitive swimmer. She started providing swim lessons in 2005 and in 2007 began specializing in Parent & Me swim classes.

Claudia spent a year living and working in Florida as a cultural representative at the Tutto Italia Restaurant in Disney's Epcot theme park in 2012. Working in Florida gave her the opportunity to develop her English language skills.

**Federica Chimento** was born and raised in Vicenza. She started swimming at the age of 10 and immediately felt she was in her natural element.

Federica has been providing swim instruction to youth in Vicenza for the past three years. She also lifeguards at local pools.

Federica began teaching with the SKIES program in February 2014. She's excited for the experience and the opportunity to practice her English language skills with her students.



Federica Chimento

## Assessments and Enrollments

**Parents must present a current assessment at the time of enrollment for Level 1-6 classes. Assessments are valid for three (3) months.**

### Assessment Dates & Times:

Jan. 10 & 11 from 3-6 p.m. at the Ederle Fitness Center indoor pool.

**Enrollment opens: Jan. 9**

Minimum enrollment of 3 students per group classes for the class to run.

Youth will be reassessed on the final Thursday of each session.

If space is available, youth may enroll in upcoming sessions once they have been reassessed at the end of their current session.

Enroll at CYS Parent Central Services located in Bldg. 108.

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# Sessions *and* Fees

## Afternoon/Evening Classes

**Session 1:** Weeks of Jan. 16 - Feb. 2  
(Cost is \$48/6 lessons)

**Session 2:** Weeks of Feb. 6 - Mar. 2

**Session 3:** Weeks of Mar. 6 - Mar. 30

**Session 4:** Weeks of Apr. 10 - May 9  
(No classes on Apr. 25 & May 1)

**Session 5:** Weeks of May 15 - June 8

Cost is \$64/session (8 lessons)

**Parent & Me Toddlers, 18-35 months**  
Wednesdays & Fridays - 4:15-4:45 p.m.

**Parent & Me Preschoolers, 3-5 years**  
Wednesdays & Fridays - 4:50-5:25 p.m.  
Tuesdays & Thursdays - 5:40-6:15 p.m.

## Saturday Morning Classes

**Session 1:** Jan. 20 - Feb. 17

**Session 2:** Feb. 24 - Mar. 24  
(Cost is \$40/5 lessons for sessions 1&2)

**Session 3:** Apr. 14 - May 5

**Session 4:** May 12 - June 9  
(No classes on June 2)  
(Cost is \$32/4 lessons for sessions 3&4)

**Parent & Me Infants, 6-17 months**  
11-11:35 a.m.

**Parent & Me Toddlers, 18-35 months**  
10:25-10:55 a.m.

**Parent & Me Preschoolers, 3-5 years**  
9:40-10:15 a.m.

## Discover Parent & Me Swimming



### Class details

*Parent participation is required in Parent & Me classes.*

Infant and Toddler Classes will focus on teaching techniques to help parents orient their children to the water.

Preschool Classes will focus on beginning aquatic skills, preparing youth for entrance into Level 1 swim lessons.

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Leadership

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# Assessments and Enrollment

**Assessments:** All interested students must have a current assessment to enroll in Level 1-6 classes. Assessments are valid for three (3) months.

Parents must present a current assessment at the time of enrollment into swim lessons.

## Assessment Dates & Times:

Assessments will be held Jan. 10 & 11 from 3-6 p.m. at the Ederle Fitness Center indoor pool.

Families interested in joining the swim program throughout the season can also be assessed when sessions are running on **Tuesdays** from **6:15-6:45 p.m.** or **Thursdays** from **3-3:30 p.m.** Youth need to be dressed and ready to enter the pool.

## Enrollment opens: Jan. 9

Classes are held at the Ederle Indoor Pool. Minimum of 3 students per group classes.

Enroll for group level swim classes at CYS Parent Central Services, Bldg. 108.

## Class details

In early levels, children will be introduced to fundamental aquatic skills. As youth progress through the levels, the focus will be on skill building, stroke development and beginning diving techniques.

**Please Note: Swim schedules are subject to change based on pool availability.**

**Always place your child on the waitlist if a class is full. SKIES adjusts offerings and adds classes to sessions when possible.**

# Sessions and Fees

**Session 1:** Weeks of Jan. 16 - Feb. 2  
(Cost is \$48/6 lessons this session.)

**Session 2:** Weeks of Feb. 6 - Mar. 2

**Session 3:** Weeks of Mar. 6 - Mar. 30

**Session 4:** Weeks of Apr. 10 - May 09  
(No classes on Apr. 25 & May 1)

**Session 5:** Weeks of May 15 - June 8

Cost is \$64/session (8 lessons)

## Class Schedule:

**Level 1** - Tue & Thur - 3:45-4:30 p.m.  
or Wed & Fri - 3:45-4:30 p.m.

**Level 2** - Tue & Thur - 4:45-5:30 p.m.  
or Wed & Fri - 4:45-5:30 p.m.

**Level 3** - Tue & Thur - 3:45-4:30 p.m.  
or Wed & Fri - 3:45-4:30 p.m.

**Level 4** - Tue & Thur - 4:45-5:30 p.m.  
or Wed & Fri - 4:45-5:30 p.m.

**Level 5** - Tue & Thur - 3:45-4:30 p.m.

**Level 6** - Tue & Thur - 4:45-5:30 p.m.

**\*\*Classes after 5:30 p.m.\*\***

**Level 1** - Tue & Thur - 5:45-6:30 p.m.

**Level 2** - Tue & Thur - 5:45-6:30 p.m.

**Level 3** - Wed & Fri - 5:45-6:30 p.m.

**Level 4** - Wed & Fri - 5:45-6:30 p.m.

Discover Swimming



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## Sessions and Fees

### Water Fitness

Open to youth: 12-18 years old

Session 1: Jan. 17 - Feb. 16

Session 2: Feb. 21 - Mar. 23

Session 3: Apr. 11 - May 11

Cost is \$80/session (10 lessons)

Session 4: May 16 - June 8

Cost is \$64/session (8 lessons)

Classes meet Wednesdays & Fridays  
5:45-6:30 p.m. | Ederle Indoor Pool

Enrollment Min. 6 | Max. 15

### Class details

**Water Fitness** is a deep water class that will use a variety of deep water exercises to enhance cardiovascular fitness while strengthening and toning muscles.

*Note: Students must be comfortable in deep water.*

*\* Swim caps required.*

## About the Instructor

### *Water Polo & Fitness*



Valentina Bonelli

**Valentina Bonelli** was born in Vicenza in 1994. She started swimming at a very young age and made the Vicenza water polo female team at the age of 13.

She is lifeguard certified and has been coaching water polo and teaching water fitness since the age of 18.

She is passionate with the English language and very excited to teach for SKIES which combines all of her favorite things.

### Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>



# Sessions and Fees

## Water Polo

### \*\*Enrollment by Assessment\*\*

**Assessment Dates & Times:** Assessments will be held Feb. 21, 28 & **March 2** from 4:30-5:30 p.m. at the Ederle Fitness Center indoor pool.

**Session: Mar. 6 - May 10**

*(No classes Apr. 3 & 5)*

**10-13 years** - 3:30-4:15 p.m.

**13 years and older** - 4:30-5:15 p.m.

*Cost is \$144 (18 classes)*

Classes meet Tuesdays & Thursday  
at the Ederle Indoor Pool.

**Enrollment Min. 6 | Max. 15**

## Class details

**Water Polo** is an exciting, fast-paced game that incorporates many athletic elements. Participants will learn basic skills and strategies of Water Polo including ball control, game plays, passing, set-up, and shooting.

This course will harness all the fun dynamic aspects of the game in a safe, easy-to-learn aquatic experience that will motivate kids to swim and stay fit.

*Note: Students must be comfortable in deep water. They must be able to comfortably swim the breaststroke & front crawl freestyle with lateral breathing 25 yards continuously without stopping.*

*\* Swim caps required.*

Discover Water Polo

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Part time Infants

# About the Instructor



Amber Morris

**Amber Morris** is a yoga instructor and photographer. She has been practicing yoga for close to 20 years.

As Amber's passion for yoga grew, noticing all the benefits she had experienced with her yoga practice she became a certified yoga instructor. She is certified through YogaFit and YogaFit Kids! She has also volunteered teaching yoga to kids through DoDDs schools and kids' programs.

She currently teaches Yoga at Ederle and Del Din Fitness Centers as well as photography at the Ederle Art Center.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

# Sessions and Fees

**Session 1:** Jan. 29 - Mar. 22  
(no class on Feb. 19, 20, & 22)

**Session 2:** Mar. 26 - May. 17  
(no class on Apr. 2, 3, & 5)

**Cost:** Cost is \$56 per session (7 classes)

**Class 1: 3-5 years**  
Mondays at 10-10:45 a.m.  
SKIES Mini Gym, Bldg. 304, Villaggio

**Class 2: 3-5 years**  
Tuesdays 11:15 a.m. - Noon  
SKIES Martial Arts, Bldg. 308, Ederle

**Class 3: 6-9 years**  
Thursdays 1:45-2:30 p.m.  
SKIES Mini Gym, Bldg. 304, Villaggio

**Enrollment Min. 6 | Enrollment Max. 12**

## Class details

Yoga is an ancient science that exercises our bodies, our breath, and our minds all at the same time. It helps us to develop flexibility, strength, and balance in our bodies, and confidence, calmness, and focus in our minds.

Classes will include mindful movement, games, and breathwork in a non-judgemental environment.

**Attire:** Comfortable clothing that students can be active and stretch in, but covers body appropriately; No jeans. Recommended: leggings or sweatpants and a fitted shirt or tee-shirt (tank top as base layer); We'll be upside down at times so wear a top layer that isn't loose. Leotards are fine with stretchy shorts/pants on bottom. We'll practice barefoot or with non-skid, no slip socks.

Discover Yoga



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## About the Instructor



Massimo Todeschi

**Massimo Todeschi** was born in a small town in South Tyrol, Italy and began to play tennis at the age of 6.

He completed his degree in Sport Science in Verona in 2010, and has been teaching tennis ever since.

He works as a tennis fitness coach for many professional players, and he also works for the Italian Federation of Tennis.

Massimo enjoys teaching tennis to children and is excited to have the opportunity to work with English speaking children.

## Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

## Sessions and Fees

**Ages 5-7** - 11:15 a.m. - Noon

**Ages 8-9** - 10:15 - 11 a.m.

**Session 1:** Jan. 20 - Mar. 10

Cost is \$96 (8 classes)

**Session 2:** Apr. 14 - May. 26

Cost is \$84 (7 classes)

**Ages 10 and older** - 9-10 a.m.

**Session 1:** Jan. 20 - Mar. 10

Cost is \$120 (8 classes)

**Session 2:** Apr. 14 - May. 26

Cost is \$105 (7 classes)

Classes meet Saturdays at the tennis court to the left of SKIES Bldg. 304, Villaggio.

**Enrollment Min. 4 | Max. 12**

## Class details

Students learn the basic skills of the game or advance existing skills. Children and youth learn proper tennis strokes, footwork, fundamentals, game play, scoring, and tennis etiquette in a fun environment.

*Students must bring their own tennis racket to lessons.*

SKIES*Unlimited* offers private tennis instruction. Please call SKIES at 0444-71-8447 for more information.

# About the Instructor



Bruno Janeiro

**Bruno Janeiro** was raised and born in Portugal. He started playing soccer at the age of five. He played on a competitive level until the age of 33 and continues as an amateur. Before relocating in Italy, he coached for three years in Portugal.

Bruno completed a European Soccer Coach Certification, UEFA Level C-Grassroots (child/youth) from the Federacao Portuguesa de Futebol, and he completed the European Soccer Coach Certification, UEFA B Level from the Federazione Italiana Giuoco Calcio. He has training in the Coerver Method. Bruno completed a course for Match Analysis/Stats and Teams/Players Scouting.

Bruno is currently working for Italian Clubs and Soccer Academies and is collaborating with a soccer academy in Germany.

# Sessions and Fees

**Session 1:** Jan. 24 - Mar. 16

Cost is \$96 (8 classes)

**Session 2:** Apr. 11 - May. 18

Cost is \$72 (6 classes)

## Challengers First Kicks (*beginners*)

**Class 1:** 3-4:30 p.m. on Wednesdays

**Class 2:** 4:30-6 p.m. on Wednesdays

**Class 3:** 3-4:30 p.m. on Fridays

## Intermediate Challengers (*by assessment*)

**Assessment Dates & Times:** Assessments will be held Jan. 16 & 17 from 4:30-6 p.m. in the SKIES Mini Gym, Bldg. 304, Villaggio.

**Class 1:** 4:30-6 p.m. on Fridays

**Class 2:** 6-7:30 p.m. on Fridays

## Class details

**Challengers First Kicks:** Students are offered a friendly low-key introduction to the basics of soccer through games, stories and fun

**Intermediate Challengers:** Students learn individual techniques and tactics through games and challenging skill-building drills.

SKIESUnlimited offers private soccer instruction. Please call SKIES at 0444-71-8447 for more information.

Discover Soccer

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## Enrollment

**Enrollment opens: Jan. 9**

**Enrollment Max. 4**

**Location:** SKIES Mini Gym, Bldg 304, Villaggio.

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Classes do not meet on U.S. federal holidays.

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## About the Instructors



Alice Lollis

**Alice Lollis** was born and raised in a small village near Vicenza where she began practicing gymnastics at the age of four.

Passionate about gymnastics, she began training daily and competing in all categories at the regional, interregional and national levels up to the age of 15.

Alice has been an instructor with a gymnastics school in Torri di Quartesolo since 2007. She is working on completing her degree in foreign languages from Verona University.

She is excited about the opportunity to work with English speaking children and share her love of gymnastics.

**Arianna Dalla Montà** started practicing gymnastics in Vicenza when she was four years old.

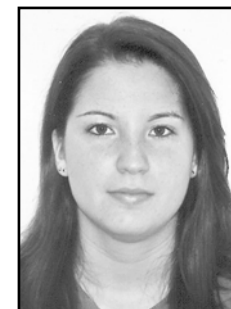
She competed in gymnastics throughout her youth reaching the national level where she specialized in the balance beam, parallel bars, vault and floor.

Arianna has a degree from the University of Padova in Education and is a certified gymnastic and pilates instructor.

Arianna loves gymnastics and has been teaching children in all levels of gymnastics for the past 12 years. She also works as a kindergarten teacher. She is excited to share her enthusiasm for the sport with her students.



Arianna Dalla  
Montà



Myriam  
Scaramella

**Myriam Scaramella** was born and raised in Torri di Quartesolo, where she began practicing gymnastics at the age of six and where she continues to teach the sport. She competed in gymnastics throughout her youth.

In addition to her passion for gymnastics, she is currently enrolled at the University of Verona studying Foreign Languages and Literatures.

She loves working with children and is very happy to be a part of the SKIES team.

# Sessions & Fees


## Toddlers & Preschoolers Gymnastics

**Session 1:** Jan. 17 - Feb. 7

**Session 2:** Feb. 12 - Mar. 7

Cost is \$56 for Sessions 1 & 2 (7 classes)

**Session 3:** Mar. 12 - Apr. 11 (No classes Apr. 2-4)

**Session 4:** Apr. 16 - May. 9 


Cost is \$64 for Sessions 3 & 4 (8 classes)

**3-5 years** - 9:30-10:15 a.m.

**2-3 years (Parent & Me)** - 10:25-11:10 a.m.

Classes meet Mondays & Wednesdays in the SKIES Mini Gym, Bldg. 304, Villaggio.

## Beginning Gymnastics

**Option 1:** Jan. 16 - May. 15 (1 class per week)   
(No classes on Feb. 13, Apr. 3 & May 1)


**4-5 years** - 4:30-5:15 p.m.

**6-7 years** - 5:15-6:05 p.m.

**8 years and older** - 6:05-6:55 p.m.

Cost is \$120 (15 classes)

Classes meet Tuesdays in the SKIES Gym, Bldg. 304, Villaggio.

**Option 2:** Jan. 18 - May. 17 (2 classes per week)   
(No classes on Feb. 19 & Apr. 2, 5)

**4-5 years** - 3-3:45 p.m.

**6-7 years** - 3:50-4:40 p.m.

**8 years and older** - 4:50-5:40 p.m.

Cost is \$256 (32 classes)

Classes meet Mondays & Thursdays in the SKIES Gym, Bldg. 304, Villaggio.

## Class details

### Toddler & Preschooler Gymnastics:

Parent participation is required for all Parent & Me classes. Children and parents should be dressed in fitness clothing in which they can move freely.

Classes will work on basic skills of gymnastics focusing on body awareness, strength, movement, mobility and coordination. Lessons will be structured with instructional games, exercises and flexibility movements.

### Beginning Gymnastics:

Classes will work on basic skills of gymnastics focusing on body awareness, strength, movement, mobility and coordination.

Lessons will be structured with instructional games, physical preparation exercises and entry level use of gymnastics equipment specifically floor work and balance beam skills.

## Enrollment

**Enrollment opens: Jan. 9**

**Enrollment Min. 4 | Max. 10**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Classes do not meet on U.S. federal holidays.

Discover Tumbling & Gymnastics

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## About the Instructor



Matteo Pasquale

**Matteo Pasquale** decided to follow his passion for the sport of gymnastics after many years of practice by becoming an instructor; not only for artistic gymnastics, but for activities regarding fitness and health.

Matteo's most important aim is to be able to mentally and physically train gymnasts of all ages.

His biggest satisfaction was winning the 2013 Male Gymnastics Instructor of the Year Award from the Veneto Committee of Gymnastics in Italy. Matteo currently teaches gymnastics at GS Audace in Torri di Quartesolo, Vicenza.

## Sessions & Fees

### Intermediate Gymnastics

**\*\*Enrollment by Assessment\*\***

**Assessment Dates & Times:** Assessments will be held Jan. 17 & 19 from 3-5 p.m. in the SKIES Gymnasium, Bldg. 304, Villaggio.

**Session: Jan. 23 - May. 18**  
(No classes on Mar. 30, Apr. 3 & 6)

**6-8 years** - 4:30-6 p.m.

**9 years and older** - 3-4:30 p.m.

Cost is \$372 (31 classes)

**Enrollment Min. 4 | Max. 10**

**Days:** Tuesdays & Thursdays

**Location:** SKIES Gym, Bldg 304, Villaggio.

### Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at <https://webtrac.mwr.army.mil>

Classes do not meet on U.S. federal holidays.

### Class details

#### Intermediate Gymnastics:

Students work on flexibility, strength building, and performing skills on the floor, bars, beam, vault and trampoline putting together routines on different apparatuses and floor.



Preschool 389



## Class details

**Enrollment Min. 4 | Max. 10**

**Location:** SKIES Gym, Bldg 304, Villaggio

Classes may be combined.

**Parkour** is the art of movement; teaching how to get from point A to point B in the most linear and direct way, traversing obstacles along the path with jumping, tumbling and climbing.

*\*Note - please bring an extra pair of clean shoes to change into for parkour.*

# Sessions & Fees

## Pre-Parkour & Movement


**Session: Jan. 20 - May 19**  
(No class Mar. 31 & Apr. 14)

**4-5 years** - Noon-12:45 p.m.

Cost is \$128 (16 classes)

Classes meet Saturdays.

## Parkour - 90 minutes

**Session: Jan. 20 - May 19**   
(No class Mar. 31 & Apr. 14)

**6-9 years** - 9-10:30 a.m.

**10 years and older** - 10:30 a.m.-Noon

Cost is \$192 (16 classes)

Classes meet Saturdays.

## Parkour - 60 minutes

**Session: Jan. 18 - May 17**  (No class Apr. 5)

**6-9 years** - 12:40 - 1:40 p.m.\*

*\* this class is scheduled for Homeschoolers.*

**10 years and older** - 1:45 - 2:45 p.m.

Cost is \$136 per class (17 classes)

Classes meet Thursdays.

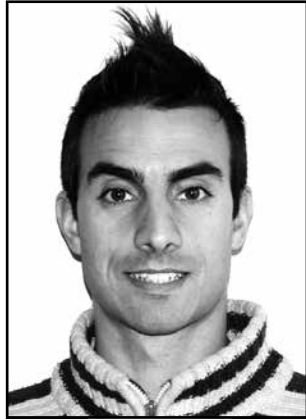
# Enrollment

**Enrollment opens: Jan. 9**

Enroll at CYS Parent Central Services, located  
in Bldg. 108, or online at  
<https://webtrac.mwr.army.mil>

# About the Instructor

## *Parkour & Kung Fu*



Simone Marini

Simone Marini, who has a degree in social services, began studying Parkour in 2007 and has been teaching since 2012. He began studying Shaolin Kung Fu in 1999 and has been teaching since 2007.

Simone has worked as a day care provider and camp counselor programming children's activities in dance, theatre and martial arts.

He is a certified personal trainer and a certified instructor in Parkour, Kung Fu and Artistic Gymnastics and Movement.

Simone's favorite part of teaching is seeing the satisfaction in a student's eyes when he/she can finally do something which he/she believed was impossible.

Simone has been co-teaching Love to Dance with his mother, Silvia Buico, for the SKIES*Unlimited* program since January 2014 and is excited to share the art of Parkour and his passion for Kung Fu with the youth of Caserma Ederle.

# Sessions and Fees

## Shaolin Kung Fu

**Open to youth: 6-18 years old**

Tuesdays & Thursdays from 3-4 p.m.

Classes are held in the SKIES Martial Arts Studio, Bldg. 304, Villaggio.

Cost is \$8 per class paid on a monthly schedule.

### Enrollment

Enroll at CYS Parent Central Services, located in Bldg. 108.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

### Class details

**Shaolin Kung Fu** class will focus on the discipline of martial arts with exercises to improve strength, flexibility and defensive skills.

Uniforms are required to participate in the Kung Fu program.

Shaolin Kung Fu is a Chinese Martial Art created by Buddhist monks for self defense. Kung Fu has a foundation of self-discipline which teaches students how to control their bodies and minds; teaching youth to see the world around them differently and to help them develop good decision-making skills.

Discover Shaolin Kung Fu

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## About the Instructor



Master Macon

Master Macon was born in Raleigh, North Carolina, and has been practicing Martial Arts since 1985.

He has training in several different styles of Martial Arts including Karate, Judo, Kickboxing and Aikido. He has studied and trained directly under Hiroshi Tajiri Sensei, 6th Dan of the Seibukan Aikido Dojo, and Grandmaster Jorge Ordonio of the Karate Tech International Association.

Master Macon is also trained in several different Martial Arts weapons such as Bokken, JO, Nun-chuck, Escrima and Jagger.

He started teaching Martial Arts in 1998 at Minot Air Force Base. There he started the women and children self defense program. He has been teaching Karate Tech at the Aviano Air Base since 2004.

## Sessions and Fees

### Karate

**Open to youth: 6-18 years old**

Classes are held on Mondays and Wednesdays in the SKIES Martial Arts Studio, Bldg. 308, Caserma Ederle.

Cost is \$8 per class and paid on a monthly schedule.

**6-7 years old** - 3:30-4:25 p.m.

**8-10 years old** - 4:30-5:25 p.m.

**11 years and older** - 5:30-6:30 p.m.

### Enrollment

Enroll at CYS Parent Central Services, located in Bldg. 108.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

### Class details

Uniforms are required to participate in the Karate program. Uniform information will be printed on your receipt at the time of enrollment. Sparring gear will also be necessary once students begin testing for their belts.

Master Macon's program will focus on building Martial Arts skills, confidence and self-esteem. Activities will push youth physically and work to develop and improve self discipline.

# About the Instructor



Maestro Aranha

Maestro Aranha began practicing Capoeira in Santa Catarina, Brazil, in 1987 where he learned a street-fighting form of Capoeira.

In 1990, Aranha became affiliated with the Liberdade group, and in 2000 he became part of the Beribazu group, which is one of the largest and most famous Capoeira organizations in the world.

Aranha received the title of Maestro [master], from the Federal University of Brazil. He has dedicated himself to being a representative of the Brazilian culture through Capoeira and more.

Aranha moved to Italy in 2002 and currently teaches Capoeira professionally to youth and adults throughout the Veneto region including Bassano, Vicenza, Verona and Venice Mestre.

# Sessions and Fees Capoeira

**Open to youth: 6-18 years old**

Tuesdays & Thursdays from 3:30-4:20 p.m.

Classes are held in the SKIES Martial Arts Studio, Bldg. 308, Caserma Ederle.

Cost is \$8 per class paid on a monthly schedule.

## Enrollment

Enroll at CYS Parent Central Services, located in Bldg. 108.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

## Class details

Capoeira is described as a mixture of martial-arts and games practiced to traditional Brazilian-Portuguese music.

Students study Capoeira as a whole; learning Capoeira movements to the rhythm of music and playing games to increase agility and practice techniques.

In June, students are invited to participate in a Capoeira workshop in Vicenza with Aranha's students from the Veneto Region.

Discover Capoeira



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## About the Instructor



Master Kim

Master Kim was born in the Republic of Korea in 1954 and has been practicing Tae Kwon Do for more than 30 years. He is a 9<sup>th</sup> degree black belt in the Worldwide Tae Kwon Do Federation and earned the title of Master in 1979.

Master Kim is the director of the *Unione Tae Kwon Do E Arti Marziali*, the Italian Union of Tae Kwon Do and Martial Arts.

Master Kim has been teaching martial arts with the youth of this community for over 19 years. He also provides adult classes through the post fitness center.

Master Kim spends many of his weekends traveling throughout Italy serving as a board member for testing students.

## Sessions and Fees

### Tae Kwon Do

**Open to youth: 5-18 years old**

Classes are held at the SKIES Martial Arts Studio, Bldg. 304, Villaggio.

Cost is \$8 per class paid on a monthly schedule.

#### **Beginning Tae Kwon Do:**

Mon & Wed - 3-4 p.m.

#### **Intermediate Tae Kwon Do:**

Mon & Wed - 4-5 p.m.

#### **Advanced Tae Kwon Do:**

Mon & Wed - 5-6 p.m.

### Enrollment

Enroll at CYS Parent Central Services, located in Bldg. 108.

Enrollment is ongoing. Once enrolled, monthly payments can be made online.

Classes do not meet on U.S. federal holidays.

### Class details

Uniforms are required to participate in the Tae Kwon Do program. Uniform information will be printed on your receipt at the time of enrollment.

Tae Kwon Do teaches a mixture of balance, self-defense and discipline.

Students will gain an improved sense of self-confidence and the knowledge to defend themselves if needed.

Sparring gear is required for the Intermediate & Advanced classes.

# USAG Italy SKIESUnlimited Policies

## CHILD & YOUTH SERVICES REGISTRATION:

All youth are required to be registered with CYS in order to use SKIES programs. Registrations are valid for one (1) year. You can register at Parent Central Services, Building 8, Monday-Friday, 8:30 a.m. - 4 p.m. For more info on registration, call +39 0444-71-7219.

**BILLING & PAYMENTS:** Payment for all SKIES ongoing classes/lessons is due monthly by the 24th to secure your child's slot for the upcoming month.

- Bills for Installment Billed classes are available for payment online (<https://webtrac.mwr.army.mil>) or at Parent Central Services on the 15th of the month.
- It is the parent's responsibility to ensure payment is made by the deadline.
- Failure to pay by the 25th of each month will forfeit your child's slot.
- Installment Billed classes are all Music/Voice Lessons, Tae Kwon Do, Karate and Capoeira.

## NOTIFICATION OF DISENROLLMENT:

Parents are required to give a (2) two-week notification to SKIES when disenrolling from a SKIES monthly class to ensure you will not be billed for the upcoming month.

SKIESUnlimited can be contacted via email at [usarmy.usag-italy.imcom-europe.mbx.fmwr-vmc-pcs@mail.mil](mailto:usarmy.usag-italy.imcom-europe.mbx.fmwr-vmc-pcs@mail.mil) or phone at +39 0444-71-8447.

**NO-SHOWS:** Instructors are not required to give make-up classes to students who are absent. Make-up lessons for individual-lesson students may be coordinated if SKIES is notified at least 24 hours in advance and the instructor is able to work the student into his/her schedule.

**CANCELLATION OF CLASSES:** If an instructor is unable to teach, all efforts will be made to contact the students. The class will be rescheduled if the instructor is able.

If the instructor is not able to reschedule, a credit will be applied to the participant's CYS household account.

**DISCIPLINE:** It is SKIESUnlimited's responsibility to ensure the safety of all participants in the class. If your child is disruptive or does not comply with the health and safety guidance set by the instructor he/she may be asked to leave the class. If the situation cannot be resolved, your child may be asked to leave the class permanently. No refund will be issued in this situation.

**WEATHER:** There is an automatic cancellation of classes when post schools are closed due to inclement weather, if the post has been closed, or the road conditions are classified as red.

**AMERICAN HOLIDAYS:** Classes will not be held on Federal Holidays.

**SUPERVISION:** SKIESUnlimited's responsibility begins when the student enters the class at the beginning of the lesson and ends when the scheduled lesson is over.

It is the parent's responsibility to drop off his or her child to the instructor for SKIES classes and pick up his or her child from the instructor at the end of their designated class. Children 9 years and older are allowed to walk to and from classes without adult supervision if circumstances permit in the installation Child Supervision Policy. Parents must inform the instructor in writing if they have made arrangements for another adult or a sibling who is 13 years or older to escort their child to and from classes.

**PRIVATE INSTRUCTION:** A parent or guardian is required to remain in the facility during his or her child's private instruction lesson for all ages.

**PARENT PARTICIPATION:** Parent participation is required for those enrolled in "Parent & Me" classes.

**REFUNDS:** Refunds will not be issued after the 1st lesson. Exceptions to this policy are on a case by case basis pertaining to PCS orders, emergency orders, or valid medical emergencies.



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UNITED STATES ARMY  
**CHILD & YOUTH SERVICES**



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