

THE FITNESS CENTER DRESS CODE



YES

NO

FOOTWEAR

- Socks
- Appropriate athletic shoes (tennis, running, court, cross-training)

BOTTOMS

- Shorts longer than finger-tip length when arms are straight along side of body

TOPS

- Un-modified t-shirts, sweatshirts or tank tops
- Underclothing (workout gear with built-in under clothes are ok)
- When standing, tops must meet top of shorts (at least)
- Proper hygiene
- Limited use of perfume/cologne

FOOTWEAR

- Bare feet
- Flip flops
- High heels
- Sandals
- Open-toe shoes
- Crocs/clogs

BOTTOMS

- Saggy pants
- Bikinis
- Exposed gluteus muscles
- Shorts shorter than finger-tip length when arms are straight along side of body
- Jeans
- Khaki or canvas pants

TOPS

- Clothing with rivets
- Modified/homemade t-shirts/tank tops
- Sports bras w/o shirts
- Bikinis
- Exposed cleavage or chest/nipple area
- Heavy perfume or cologne
- Body odor

The Fitness Center staff has final discretion on appropriate attire.

Thank you for your help and cooperation.