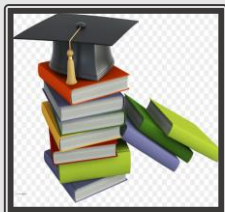


July at ACS



CULTURE & LIFE SKILLS

	<u>TIME</u>	<u>DATE(S)</u>
English as a Second Language <i>Mornings</i>	09:00 - 12:00	Every Friday
English as a Second Language <i>Afternoons</i>	14:00 - 16:00	Every Wednesday
<i>Benvenuti</i> : 3-day Cultural Integration Class for Spouses	09:00 - 15:00	July 17-19
<i>Teenvenuti</i> : 1 day Cultural Integration Class for Teens		July 24
Italian as a Second Language, on Mondays and Wednesdays	09:00 - 11:00	26 August - 23 October
<i>Registration for Italian as a Second Language course from 26 Aug to 23 October opens on 26 July</i>		
<i>Registration for Benvenuti on August 21-23 opens on 19 July</i>		

FINANCIAL READINESS

If interested in learning about budgeting, money management, investing, or other personal financial issues, please call 646-5815 or 0444-71-5815 for an appointment.

	<u>TIME</u>	<u>DATE(S)</u>
Financial Touchpoint Training: Touchpoint Promotion	13:00-14:00	25 July
Financial Touchpoint Training: Vesting in TSP	14:00 - 15:00	25 July



GENERAL SUPPORT

	<u>TIME</u>	<u>DATE(S)</u>
Coupon Tuesday		
Foundation/Informal Funds FRG Training	09:00 - 12:00	3 July
Foundation/Care Team FRG Training	09:00-12:00	17 July
Foundation/Key Contact FRG Training	09:00 - 12:00	31 July
Volunteer and VMIS Assistance	Call 0444-71-5833 to make an appointment	
Military Spouse 101	13:00 - 14:30	16 July
VMIS Training for OPOCs	13:30 - 14:30	23 July
Resume Development Training	09:30 - 10:30	3 July
Interviewing Skills Training	09:30 - 10:30	16 July
Spouse Sponsorship Training	13:00 - 14:00	16 July
PCS Brief	13:30 - 14:30	25 July
Immigration & Citizenship Briefing	13:00 - 14:00	10 July



PARENTING

	<u>TIME</u>	<u>DATE(S)</u>
Preschool Story Time <i>at the Ederle Library</i>	10:30 - 11:30	<i>Will resume in September</i>
Doc Talk with Dr. Mieke	13:00 - 14:00	2, 9, 16, 23, 30 July
Shake it Up	10:00 - 11:00	2, 23 July
Stepping Stones	15:00 - 16:30	11, 25 July
PCSing with Baby	15:00 - 16:00	23 July
Baby Wearing Wrap-up	15:30 - 16:30	29 July
Breastfeeding Basics	14:00 - 16:00	9 July
Bringing Baby Home	15:30 - 17:30	18 July
Romp-N-Stomp Playgroup <i>at SKIES, Bldg 308</i>	10:00 - 11:30	3, 10, 17, 24, 31 July
Let's Move <i>at SKIES, Bldg 308</i>	10:00 - 11:00	9, 23 July
Fill Your Toolbox <i>Villaggio Elem/Mid School Atrium</i>	13:15 - 14:15	<i>Will resume in September</i>
EFMP Parents Connect	13:00 - 14:00	3 July



REQUIRED COMMANDER'S TRAINING

Family Advocacy Program (FAP) Command Team Training by appointment only. Call DSN: 646-5844 or Comm: 0444-71-5844.



STRESS MANAGEMENT

	<u>TIME</u>	<u>DATE(S)</u>
Stress Management Class and Anger Management Class in ACS and at Del Din by appointment only.		
Call DSN: 646-5844 or Comm: 0444-71-5844		
Resilience Training	13:30 -16:00	24 July
or by appointment: email silvana.balbo5.ln@mail.mil or call DSN: 646-5823, or Comm: 0444-71-5823		

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Davis Hall Army Community Service, Bldg 108

Phone: DSN: 646-5800 Civ: 0444-71-5800

Hours: Monday, Tuesday, Wednesday & Friday 08:00-17:00

Thursday: 13:00-17:00