

# NOVEMBER AT ACS



*Give Thanks*



## CULTURE & LIFE SKILLS

	<u>TIME</u>	<u>DATE(S)</u>
English as a Second Language <i>Mornings</i>	09:00 - 12:00	Every Friday
English as a Second Language <i>Afternoons</i>	14:00 - 16:00	Every Wednesday
Benvenuti: 3-day Cultural Integration Class for Spouses	09:00 - 15:00	20 - 22 November
Italian as a Second Language on Mondays and Wednesdays	09:00 - 11:00	28 October-23 Dec <i>is FULL</i>
Registration for Italian course in January 2020 opens on 6 December		
Registration for Benvenuti on 18 to 20 December opens on 22 November.		



## FINANCIAL READINESS

If interested in learning about budgeting, money management, investing, or other personal financial issues, please call 646-5846 or 0444-71-5846 for an appointment.

A Personal Financial Counselor is also available for one-on-one and Unit Trainings.

For an appointment, call 646-5831 or 348-228-3096, or email: [pfc.vicenza.usa@zeiders.com](mailto:pfc.vicenza.usa@zeiders.com)

## GENERAL SUPPORT

	<u>TIME</u>	<u>DATE(S)</u>
Angel Tree Program Kick Off Ceremony	11:00	4 November
Coupon Tuesday		Every Tuesday
Foundation/FRG Leader Training	09:00 - 12:00	6 November
Volunteer Assistance: to Log in your hrs in VMIS, by appointment only. Call 0444-71-5815		
VMIS Training for OPOCs	13:30 - 14:30	12 November
Resume Development Training	09:30 - 10:30	6 November
Interviewing Skills Training	09:30 - 10:30	19 November
Smooth Move PCS	13:30 - 14:30	21 November
Spouse Sponsorship Training	13:00 - 14:00	19 November
EFMP Parents Support Group	13:00 - 14:00	6 November



## PARENTING

	<u>TIME</u>	<u>DATE(S)</u>
Baby Wearing Wrap-up	10:30 - 11:30	25 November
Breastfeeding Basics	09:30 - 11:30	12 November
Bringing Baby Home	15:30 - 17:30	26 November
Romp-N-Stomp Playgroup at SKIES, Bldg 308	10:00 - 11:30	6, 13, 27 November
Let's Move at SKIES, Bldg 308	10:00 - 11:00	12, 26 November



## REQUIRED COMMANDER'S TRAINING

Family Advocacy Program (FAP) Command Team Training by appointment only.

Please email: [lisa.m.rosen4.ctr@mail.mil](mailto:lisa.m.rosen4.ctr@mail.mil), or call 646-5844/5800 or 0444-71-5844/5800.

## STRESS MANAGEMENT

Stress Management Class and Anger Management Class in ACS and at Del Din by appointment.

Please call: 646-5844/5800, or 04444-71-5844/5800, or email: [lisa.m.rosen4.ctr@mail.mil](mailto:lisa.m.rosen4.ctr@mail.mil)

Resilience Training by appointment. Email: [silvana.balbo5.ln@mail.mil](mailto:silvana.balbo5.ln@mail.mil) or call 0444-71-5800.



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Davis Hall Army Community Service, Bldg 108 and Satellite ACS in DEL DIN Bldg 2

Phone: DSN: 646-5800 Civ: 0444-71-5800

Hours: Monday, Tuesday, Wednesday & Friday, 08:00-17:00, Thursday: 13:00-17:00