

January at ACS



CULTURE & LIFE SKILLS

TIME

DATE(S)

English as a Second Language <i>Mornings</i>	09:00 - 12:00	Every Friday
English as a Second Language <i>Afternoons</i>	14:00 - 16:00	Every Wednesday
Benvenuti: 3-day Cultural Integration Class for Spouses	09:00 - 15:00	from 15 to 17 January
Advanced Italian as a Second Language Mon and Wed	09:00 - 11:00	from 6 Jan to 2 March
<i>Sorry, this class is full. Registration for next Italian course 4 Mar-22 Apr opens on 7 February</i>		
<i>Registration for Benvenuti from 19 to 21 February opens on 17 January</i>		

FINANCIAL READINESS

TIME

DATE(S)

If interested in learning about budgeting, money management, investing, or other personal financial issues, please call 646-5846 or 0444-71-5846 for an appointment. A Personal Financial Counselor is also available for one-on-one and Unit Trainings. For an appointment, call 646-5831 or 348-228-3096, email: pfc.vicenza.usa@zeiders.com

GENERAL SUPPORT

TIME

DATE(S)

Coupon Tuesday		Every Tuesday
Multi-Cultural Spouses Exchange	11:00 - 13:00	23 January
SFRG Leader Training	09:00 - 12:00	8 January
SFRG Informal Funds Training	09:00 - 12:00	15 January
Volunteer Assistance: to Log in your hrs in VMIS, by appointment only - call 0444-71-5815.		
Resume Development Training	09:30 - 10:30	8 January
Interviewing Skills Training	09:30 - 10:30	21 January
EFMP Parents Support Group	13:00 - 14:00	8 January

PARENTING

TIME

DATE(S)

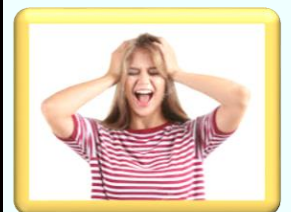
Baby Wearing Wrap-up	10:30 - 11:30	27 January
Breastfeeding Basics	09:30 - 11:30	7 January
Bringing Baby Home	15:30 - 17:30	23 January
Romp-N-Stomp Playgroup <i>at SKIES, Bldg 308</i>	10:00 - 11:30	8, 22, 29 January
Let's Move!	10:00 - 11:00	14, 28 January

REQUIRED COMMANDER'S TRAINING

Family Advocacy Program (FAP) Command Team Training by appointment only. Please email lisa.m.rosen4.ctr@mail.mil or call 646-5844/5800 or 0444-71-5844/5800.

STRESS MANAGEMENT

Stress Management Class and Anger Management Class in ACS and at Del Din by appointment. Please call DSN: 646-5844/5800 or email lisa.m.rosen4.ctr@mail.mil
Resilience Training by appointment, silvana.balbo5.ln@mail.mil or call 0444-71-5800



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Davis Hall Army Community Service, Bldg 108
and Satellite ACS in DEL DIN Bldg 2

Phone: DSN: 646-5800 Civ: 0444-71-5800

Hours: M-T-W-F 08:00-17:00, Th: 13:00-17:00