arch 2024 at



<u>CULTURE AND LIFE SKILLS</u>

TIME

DATE(S)

BEGINNER English course on Fridays INTERMEDIATE English course on Tuesdays 09:00-12:00 13:30-15:30

Next English course is from 2 April to 21 June. Registration opens 30 calendar days prior to class start date.

Benvenuti: 3-Day Cultural Integration class for Spouses&Civilians.

09:00-15:00

13,14,15 March

Next Italian course (Beginner) is from 29 April to 19 June. Registration opens 30 days prior to class start date. For more information please call 0444-71-5829/5843. To register for ANY of the above classes please go to:

https://app.acuityscheduling.com/schedule.php?owner=19716708&PHPSESSID=aam4lmk1a7mdq4k7upoes6impq



FINANCIAL READINESS

TIME

DATE(S) 12. 19 & 26 March

8 & 22 March

14 March

15 March

14:30-15:30 **NEW!!** How to File Your Taxes, Ederle ACS Managing Your Credit (Delivered via MS Teams) 13:30-14:30 Welcoming Your New Baby (CMT), financial planning for 1st time parents 16:00-17:00 13:00-14:00 Marriage (CMT)

To register for ANY of the above classes or to schedule a one-on-one session and unit trainings, please call 0444-71-5846/5831 or DSN: 646-5846/5831.



GENERAL SUPPORT

TIME

TIME

10:00-11:30

10:00-11:00

DATE(S)

6 March

13 March

DATE(S) 14 March 18 March ery Thursday ry Thursday 7 March 7 March 14 March 21 March 28 March

Every Wednesday

Every Monday

International Women's Day, come to ACS for a token of Appreciation from 10 a.m. until supplies last 8 March NEW!! Single and Dual Military Parents Meet Up , Ederle ACS every 3rd Tue / at Del Din ACS 2nd Mon, 11:30-13:00 Multicultural Community Forum featuring Nicaragua 12:00 - 1400 6 March Optimizing LinkedIn Profiles workshop, no reservation required 7 March 13:00-14:30 **FREE** St. Patrick's day Family Bowling, at the ARENA, register at 0444-71-5800 14:00-16:00 14 March Emergency Placement Care (EPC) information meeting, for details call 0444-71-5813. 12:00-13:00 4 March Guided Gatherings, Recline & Unwind, Ederle Gym Recovery Zone 15:30-16:30 20 March 10 Steps to a Federal Job, to reserve a seat call 0444-71-5815 09:00-11:00 12 March ACS Meet and Greet for Newcomers, Ederle Inn Breakfast Room 07:30-09:00 6 & 20 March SFRG Super Training, to reserve a seat call 0444-71-5841 09:00-11:00 6 & 13 March SFRG Care Team Training, to reserve a seat call 0444-71-5841 09:00-11:00 27 March VMIS assistance and volunteer training open office hours. 09:00-11:00 **Every Tuesday**



OPOC Training by appointment, call: 0444-71-5833/5800, DSN: 646-5833/5800.

Resume Development, to reserve a seat call 0444-71-5815/5800. 09:00-10:00 *Interviewing Skills*, to reserve a seat call: 0444-71-5815/5800. 09:00-10:00

Spouse Sponsorship Training, by appointment, please call 0444-71-5843/5829

Smooth PCS Brief by appointment, please call 0444-71-5829/5843, or email: usarmy.usag-italy.id-europe.mbx.acs-relocation-readiness@army.mil



PARENTING

| Freddie FAP, explore different cultures, for ages 4 and up | 14:00-15:00 | |
|--|-------------|-----|
| Mama Support Network, for pregnat women or up to 1 year postpartum | 13:00-14:00 | |
| Swimming for Two, Free lessons for pregnant women, Ederle Pool | 10:30-11:30 | Eve |
| Tutoring Clinic for grades 1st to 8th grade, Ederle Library | 15:00-18:00 | Eve |
| Library Story Time, 1st Thursday of the month, at the Ederle Library | 10:30-11:30 | |
| I'm Pregnant! Now What? | 14:00-16:00 | |
| Here Comes Baby! | 14:00-16:00 | |
| Bringing Baby Home | 14:00-16:00 | |
| Breastfeeding Basics | 14:00-16:00 | 1 |



<u>REQUIRED COMMANDERS' TRAINING</u>

Romp-N-StompPlaygroup 2-4 yrs old, Spiritual Life Center, Bldg 395

Adore-N-ExplorePlaygroup 0-2 years old, Spiritual Life Center, Bldg 395

Family Advocacy Program (FAP) Command Team Training by appt. only. For reservations, please call: 0444-71-5848, or DSN: 646-5848, or email: nicole.e.wolf-sumner.ctr@army.mil

STRESS AND ANGER MANAGEMENT Walk in hours every Second Monday at Del Din, Monday at Del Din, and every Third Friday on Ederle from 11:00-13:00. To make an appointment for individual or unit tng. please email: nicole.e.wolf-sumner.ctr@army.mil or call 0444-71-5848 / 646-5848.





ACS DSN: 646-5800 Comm: 0444-71-5800

Ederle ACS Hours: M-T-W-F 08:00-17:00, Th: 13:00-17:00 Del Din ACS Hours: M-T-W-F: 08:00-17:00, Th: 12:00-17:00