

May 2024 at ACS

Mental Health Awareness Month



CULTURE AND LIFE SKILLS

BEGINNER English course *on Fridays* 09:00-12:00
INTERMEDIATE English course *on Tuesdays* 13:30-15:30
 Next English course is from June 25th to Sep 27th - *registration opens 30 calendar days prior to class start date*
Benvenuti: 3-Day Cultural Integration class for Spouses & Civilians 09:00-15:00 15,16,17 May
 Next Italian course (Beginner) will be from June 24th to August 14th, on Mon & Wed from 9 to 11am.
Registration opens 30 calendar days prior to class start date.
 For more information, please call 0444-71-5829/5843. To register for ANY of the above classes please visit:
<https://app.acuityscheduling.com/schedule.php?owner=19716708&PHPSESSID=aam4lmk1a7mdq4k7upoes6impq>

FINANCIAL READINESS (Virtual available also)

	<u>TIME</u>	<u>DATE(S)</u>
Managing Your Credit	13:30-14:30	10 & 24 May
Welcoming Your New Baby (VIRTUAL) , financial planning for 1st time parents	10:30-11:30	9 May
Marriage (CMT)	13:00-14:00	17 May

To register for ANY of the above classes, please call 0444-71-5831 or DSN: 646-5831, or email:
usarmy.usag-italy.id-europe.list.acs-financial-readiness@army.mil

GENERAL SUPPORT

	<u>TIME</u>	<u>DATE(S)</u>
NEW!! Adult Clothing Event (Donations Drop Off from 29 April to 11 May)	10:00-15:00	16 May
NEW!! Maternity & Children Clothing Event (Donations Drop Off 15-24 May)	10:00-15:00	30 May
Family Field Day , Activities, Resources, Music at Ederle Track and Field	14:00-18:00	09 May
Military Spouse Appreciation Day , small token of appreciation in different locations		8 May
10 Steps to a Federal Job , learn how to get that GS job	09:00-11:00	will resume in June
Spouse Sponsorship Training , to register call 0444-71-5843/5829	10:00-11:00	23 May
ACS Meet and Greet for Newcomers, Ederle Inn Breakfast Room	07:30-09:00	1 & 15 May
SFRG Super Training , to register call 0444-71-5841/5800.	09:00-11:00	8 & 29 May
SFRG Readiness Forum , to register call 0444-71-5841/5800.	09:00-11:00	23 May
VMIS and volunteer training open office hours	09:00-11:00	Every Tuesday
OPOC and Volunteer VMIS Training by appointment, call: 0444-71-5833/5800, DSN: 646-5833 / 5800.		
Military 101 Training for New Army Spouses	13:00-14:00	15 May
Resume Development , to reserve call 0444-71-5815 / 5800	09:00-10:00	will resume in June
Interviewing Skills , to reserve call: 0444-71-5815 / 5800	09:00-10:00	will resume in June
Smooth PCS Brief and Spouse Sponsorship Training by appointment: call 0444-71-5829/5800.		

or email: usarmy.usag-italy.id-europe.mbx.acs-relocation-readiness@army.mil

PARENTING

	<u>TIME</u>	<u>DATE(S)</u>
Parenting Book Club for Pre-Teens and Teenagers, No registration required.	09:00-10:00	Every Tuesday
Single and Dual Military Parents Meet Up on Ederle 3rd Tuesday, on Del Din 2nd Monday, Time: 11:30 am		
Mama Support Network for pregnant women or up to 1 yr postpartum	13:00-14:00	20 May
Guided Gatherings for Parents , Unwind with us in the Ederle Gym Recovery Zone	15:30-16:30	15 May
limited spots, please register at: 0444-71-5813/5800		
Free Tutoring Clinic : 1st to 8th grade, every Thursday at the Ederle Library from 3 to 6 p.m.		
For more information and to register, please call: 0444-71-5830 / 5845.		
Swimming for Two , Free lessons for pregnant women, Ederle Pool	10:30-11:30	Every Thursday
I'm Pregnant! Now What?	14:00-16:00	2 May
Here Comes Baby!	14:00-16:00	9 May
Bringing Baby Home	14:00-16:00	16 May
Breastfeeding Basics	14:00-16:00	23 May
Romp-N-Stomp Playgroup Spiritual Life Center Bldg 395 behind the Arena	10:00-11:30	1,8,15,22,29 May
Adore-N-Explore Infant Playgroup 0-2 years old, Spiritual Life Center	10:00-11:00	6,13,20 May
Preschool Story Time at the Ederle Library	10:30-11:30	2 May

REQUIRED COMMANDER'S TRAINING

Family Advocacy Program (FAP) Command Team Training by appointment only. For reservations, please call: 0444-71-5848, or DSN 646-5848, or email: nicole.e.wolf-sumner.ctr@army.mil.

STRESS AND ANGER MANAGEMENT by appointment, please call 0444-71-5848 / 646-5848 or email: nicole.e.wolf-sumner.ctr@army.mil.



Follow us on
USAGItalyACS



Follow us on
USAG.Italy.ACS

ACS DSN: 646-5800 Comm: 0444-71-5800
 Ederle ACS Hours: M-T-W-F 08:00-17:00, Th: 13:00-17:00
 Del Din ACS Hours: M-T-W 08:00-17:00, Th: 12:00-17:00