

About Us

The SKIESUnlimited Program at USAG Italy supports the Child & Youth Services commitment to Families by enhancing options for the development of youth through quality learning opportunities.

We offer instructional classes for youth in each of our four schools: School of Academics, Arts, Life and Sports. SKI SUnlimited is committed to creating an environment of excellence by providing quality class materials and using instructors who are certified experts in their fields. Classes are offered for specific age groups ranging from 6 months to 18 years of age.

Registration for SKIESUnlimited classes takes place at CYS Parent Central Services in the Davis Soldier & Family Readiness Center, Bldg. 108 on Caserma Ederle, or online at https://webtrac. mwr.army.mil

For more information on classes, or if you are interested in becoming a SKIE-SUnlimited instructor, please call: +39 0444- 71-4992, or send an email to: usarmy.usag-italy.imcom-europe. / mbx. fmwr-vmc-pcs@mail.mil

Our Philsophy

At SKIESUnlimited, our focus is high quality instructional classes inspir-ing our students to explore, learn and grow.

Through a cadre of caring faculty and staff, we encourage our Students to set high goals and work to achieve them.

We strive to provide a variety of educational activities for all members of our CYS Family and seize every opportunity to learn, grow, support and have fun!

Thank you for supporting the SKIE-SUnlimited program!

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DANCE

Classes will require students to have a leotard and appropriate shoes. Specific uniform items will be provided in detail on the patrons receipt uponenrollment.

* Costumes may also need to be purchased for Spring dance recitals.

MARTIAL ARTS

Classes will require students to have the appropriate class uniform: Karate - Standard Karate Uniform White (Size 0-5) or Black (Size 00-7) Tae Kwon Do - Standard Tae Kwon Do Uniform White (Size 000-5).

*Belt Testing - Students will need to purchase a "Belt Test" to advance to the next skill level.

MUSIC

Instructors will recommend a Music book after they have assessed the student's skill during the first lesson. Students will advance through the music books, while learning skills such as improvisation, and their own favorite songs (sheet music).

• Rental Instruments are available for \$10 a month

SWIM

Wet suits and swim caps are optional at the Ederle Pool.

USAG Italy SKIESUnlimited Policies

the SKIES classes. Per U.S. Army Garrison Italy Policy, Child and Youth Supervision.

USAG Vicenza Child & Youth Services SKIESUnlimited is proud to offer Instructional Classes to the youth of the Vicenza military community. The following information applies to participants in the SKIESUnlimited program.

CYS SERVICES REGISTRATION: All youth are required to be registered with Child & Youth Services. Registrations are valid for one (1) year. You can register at Parent Central Services, Building 108, Monday - Wednesday & Friday, 8:30 a.m.- 4:30 p.m. and Thursday, 1-6 p.m. For more information on Registration call DSN 646-5820/5821.

PAYMENTS: Payment for all SKIES classes/lessons is due at the time of enrolling. If your child is in Tae Kwon Do, Karate, or Music lessons - payment for the month must be completed prior to the first class of the month. Payment for these classes can be done in-office at SKIES bldg. 304 & 308, online at https:// webtrac.mwr.army.mil/webtrac/vicenzacyms.html or at Parent Central Services. It is the parent's responsibility to insure payment is made by the deadline. Failure to pay prior to the first class in the month will forfeit your child's slot.

NO-SHOWS: Instructors are not required to give make-up classes to students who are absent. Make-up lessons for individual-lesson students may be coordinated if SKIESUnlimited is notified at least 24 hours in advance, and the instructor is able to work the student into his/her schedule.

REFUNDS: Refunds will not be issued after the 1st lesson. Exceptions to this policy are on a case by case basis pertaining to PCS orders, emergency orders, or valid medical emergencies (doctors note required).

WEATHER: There is an automatic cancellation of classes when post schools are closed due to inclement weather, if the post has been closed, or the road conditions are classified as red.

CANCELLATION OF CLASSES: If an instructor is unable to teach, all efforts will be made to contact the students. The class will be re-scheduled if the instructor is able. If the instructor is not able to reschedule, a credit will be applied to the participant's CYS Services household account.

AMERICAN HOLIDAYS: Classes are not held on U.S. Federal Holidays and CYS Closures.

DISCIPLINE: It is SKIESUnlimited's responsibility to ensure the safety of all participants in the class. If your child is disruptive or does not comply with the health and safety guidance set by the instructor he/she may be asked to leave the class. If the situation cannot be resolved, your child may be asked to leave the class permanently. No refund will be issued in this situation.

SUPERVISION: It is the parent's responsibility to remain with

It is the parent's responsibility to remain with his or her child during the instruction of

his or her child during the instruction of the SKIES classes. SKIESUnlimited's responsibility begins when the student enters the class at the beginning of the lesson and ends when the scheduled lesson is over (while parent is present outside class). Children 6th grade and higher are allowed to walk to and from classes, parents are responsible for picking up their child(ren) at the end of class. If alternate pick-up is required, parents must inform the instructor in writing if they have made arrangements for another adult or a sibling who is in 7th grade (or older) to escort their child(ren) to and from class. Per U.S. Army Garrison Italy, Child and Youth Supervision.

PRIVATE INSTRUCTION: A parent or guardian is required to remain in the facility during his or her child's private instruction lesson

PARENT PARTICIPATION: Parent participation is required for those enrolled in "Parent & Me" classes.

QUESTIONS/CONCERNS: If you have any questions or concerns about your child's Instructional classes please do not

hesitate to contact SKIESUnlimited via email at: usarmy.vicenza.imcom-europe.mbx.cyss-info@mail.mil or phone at COMM +39-0444-71-4992/4988 or DNS 646-4992/4988.

WEATHER: There is an automatic cancellation of classes when post schools are closed due to inclement weather, if the post has been closed, or the road conditions are classified as red.

U.S. HOLIDAYS: Classes will not be held on Federal Holidays.

SUPERVISION: SKIESUnlimited's responsibility begins when the student enters the class at the beginning of the lesson and ends when the scheduled lesson is over. Children 6th grade and higher are allowed to walk to and from classes, parents are responsible for picking up child(ren) at the end of the class. If alternative pick-up is required, parents must inform the instructor in writing if they have made arrangements for another adult or a sibling who is in the 7th grade (or older) to escort their child(ren) to and from classes.

REFUNDS: Refunds will not be issued after the 1st lesson. Exceptions to this policy are on a case-by-case basis pertaining to PCS orders, emergency orders, or valid medical emergencies. If the child is being dropped from class for reasons other than PCS, med emergency or orders, a refund will not be issued.





Let's make art!

SKIES art classes offer creative techniques and inspires children and youth to unleash their inner artist!

Location: SKIES Bldg. 304

Sign up at SKIES or Parent Central Services . For more info call: 0444-71-4992.

> Check out the SKIES Catalog for specific class dates ! italy.armyMWR.com



DISCOVER MUSIC



SKIES offers private music instruction for youth ages 6 and older. Costs are \$17 per 30 mins or \$34 per hour and paid for on a monthly basis. Lessons take place between 10 a.m. and 7 p.m. and are held in either Bldg. 308 Ederle or Bldg. 304 Villaggio.

Availability and Waitlists SKIES currently has spaces available in most music programs but availability can quickly change. If you are interested in music instruction for you child, please stop by Bldg. 308 to place their name on the waitlist. The length of waitlists vary by program and instructor.

Lessons Available:

- Piano Voice
- Violin Guitar
- Drums

BILLINGS
To reserve your
be due on the 1
pay for their slo
removed and th

Call 0444-71-4992 to check availability.

Summer Music Sessions				
Session	Date	Day of Lessons		
Session 1	23 June - 9 July	Wednesday		
Session 2	16 July - 30 July	Wednesday		



CHILD& YOUTH SERVICES

r space for music, you must pay by month. Payment will st of each month. Families are given 5 business days to ot for the month. On the 6th day, the child/youth will be he next person on the waitlist will be notified.





Mr. Juan Martin Oyhenart was born in Argentina. At age seven, he began studying guitar at the "Gilardo Gilardi" Conservatory of Music in La Plata. In 2002, he moved to Italy to continue his studies and focus on classical music. In 2009, he received his degree in classical guitar performance. Juan has been working as a performer and guitar instructor in several music schools in the Vicenza area since 2007. He also has experience with musical editing and with guitar making and restoration, which has given him a deeper understanding of the instrument.

Meet Our Instructors



Giorgio Dal Monte's passion for piano began in childhood. After successfully gained his Piano and Organ degrees, he has attended specific courses on Piano and Music teaching methodology for children. His format includes improvisation, music theory games, sight reading, ear training and more! It injects an element of fun and excitement into their lessons that they just won't experience anywhere else. With the latest technology and a determination to develop the full potential of each pianist, his approach remains fresh, innovative and inspirational. His goal is that each student will find making music at the piano bench irresistible! You can find his music on all major streaming platforms.



Mr. Thomas Osho Zausa, drummer and pianist, began studying music at the age of 10 in middle school. He began studying drums with a teacher at 12 years old, continuing his studies with various teachers he was 21. He enrolled in the academic course of jazz drums & percussions at the "A. Steffani" conservatory in Castelfranco Veneto, where he also studied piano. He graduated cum laude in 2024. He further deepens knowledge of the various instruments through lessons, seminars and clinics of Italian and international masters. In 2022, with the "Nameless Quartet" project, he won the second prize in the groups section of the "Chicco Bettinardi" national jazz competition in Piacenza. In January 2023, he published his first album with the project/quartet "Metronautica" (before "Nameless Quartet"). In August of the same year the project is selected among the four finalists of the national "Barga Jazz" competition. Since 2020, he has taught in various schools. He plays various music styles, especially jazz. Mr. Zausa's purpose here at SKIES is to convey to his students the passion and energy that my teachers gave me, ensuring that they can find their own voice with these instruments Ms. Gaia Varo graduated with the highest honors in violin from the "Arrigo Pedrollo" Conservatory of Music in Vicenza with Enrico Balboni as well as from the "Alma Mater Studiorum" University of Bologna. She has participated in several master classes in violin and chamber music at the Accademia Certosa and has been part of multiple chamber ensembles. Gaia was also eligible for the position of orchesta professor at the Orchestra del Teatro Olimpico in Vicenza. She has been a violin and piano teacher at several private music schools since 2020 and regularly attends master classes in Chioggia.



Ms. Grazia Donadel is a singer, lyricist and songwriter. She started singing, playing guitar and composing her own songs at the age of 16. She loves the voice and its power to free people's emotions and minds. She graduated in jazz singing at the Conservatory of Music in Vicenza in 2013. She studied choral singing, pop singing with Alejandro Martinez and Danila Satragno, dhrupad singing with Ritwik Sanyal and jazz singing with many American teachers Sheila Jordan, Stephanie Nakasian, Shawnn Monteiro, Amy London, Jay Clayton and Francesca Bertazzo. She is currently studying belcanto with the soprano Mariaclara Maitzegui and she keeps performing and practicing jazz all around Italy and New York City.



DISCOVER DANCE



All dance classes are held in bldg. 308 Ederle | Minimum enrollment: 4 | Max: Varies on age

Ballet introduces students to ballet terminology and technique through the execution of barre work, center, and across the floor exercises. Advanced Ballet is a complete technique class with barre, center, and across the floor movement. This class follows a traditional ballet class format, starting at the barre focusing on posture and alignment, continuing with stretching and strengthening exercises. Center movement and traveling steps are added as the classes progresses. Contemporary is a form of artistic, theatrical, and concert dance employing a special technique for developing the use of the entire body in expressive movements through structured steps.

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Class Title	Dates	Class Days	Time	Age	Fee
Ballet	June 17	Tuesday	3:30 pm - 5:00 pm	12 +	\$ 14
Ballet	June 18	Wednesday	3:30 pm - 5:00 pm	12 +	\$ 14
Ballet	June 24	Tuesday	3:30 pm - 5:00 pm	12 +	\$ 14
Ballet	June 26	Thursday	3:30 pm - 5:00 pm	12 +	\$ 14
Class Title	Dates	Class Days	Time	Age	Fee
Ballet	June 17	Tuesday	5:00 pm - 6:00 pm	8 +	\$ 10
Ballet	June 18	Wednesday	5:00 pm - 6:00 pm	8 +	\$ 10
Ballet	June 24	Tuesday	5:00 pm - 6:00 pm	8 +	\$ 10
Ballet	June 26	Thursday	5:00 pm - 6:00 pm	8 +	\$ 10

Meet Our Instructor



Ms. Simona Fioravanti is a former Professional Dancer and Performer having worked for Theatres, Opera Houses and private dance companies for more than 20 years, in Italy and around Europe. She also has achieved a pluriannual and internationally certified experience as a Dance Instructor. Being a very dedicated and passionate teacher, Simona is committed in transferring to her students not only the foundations and principles but most of all the love of dancing.

DISCOVER ART



All Art classes are held in bldg. 304 Villaggio | Minimum enrollment: 4 | Max: 8

Unleash your inner Picasso in these amazing art classes that will build on the skills you already have or you can learn new ones! Children and youth will create with charcoal drawing, painting, design, montage, watercolors, and more. They will learn about color theory, including primary, secondary, cool, and warm colors. They will have the opportunity to acquire new skills, gain self-confidence, and achieve recognition for their creations.

Class Dates	Days	Time	Age	Fee
Jun 10, 12, 17	Tues & Thurs	3:10pm - 4:10 pm	5 - 7	\$ 60
Jun 24, 26 Jul 01, 03	Tues & Thurs	3:10 pm - 4:10 pm	5 - 7	\$ 80
Jul 08, 10, 15, 17	Tues & Thurs	3:10 pm - 4:10 pm	5 - 7	\$ 80
Jul 22, 24, 29, 31	Tues & Thurs	3:10 pm - 4:10 pm	5 - 7	\$ 80
Class Dates	Days	Time	Age	Fee
Jun 10, 12, 17	Tues & Thurs	4:30 pm - 5:30 pm	8 - 11	\$ 60
Jun 24, 26 Jul 01, 03	Tues & Thurs	4:30 pm - 5:30 pm	8 - 11	\$ 80
Jul 08, 10, 15, 17	Tues & Thurs	4:30 pm - 5:30 pm	8 - 11	\$ 80
Jul 22, 24, 29, 31	Tues & Thurs	4:30 pm - 5:30 pm	8 - 11	\$ 80

Meet Our Instructor



Mr. Marco Vaccaro's artistic path begins as a child, the grandmother painter has transmitted me the love for art carrying on until it becomes my main work. His education was consolidated by attending the Academy of Fine Arts in Verona. He has participated in numerous artistic exhibitions both in collective and personal. He works with a gallery in Rimini with locations around the world and was lucky enough to deliver paintings to more famous people, including Pope Francis himself.

School of Life Skills, Citizenship & Leadership

DISCOVER FASHION

All Fashion classes are held in **bldg. 304 Villaggio** | Minimum enrollment: 3 | Max: 8

Enter the world of fashion with Ms. Elysanne! These classes will introduce you to different fabrics, textures, designs, and more! Create your very own designs from scratch, learn the basics of hand sewing, machine sewing and more! All materials are provided for the classes, once completed - you can take your one of a kind piece home! | Instructor: Ms. Elysanne

Class Title	Class description	Dates	Class Days	Time	Age	Fee
Summer Hats	Learn how to make your own bucket hat for this summer. We design the hat on paper, we create patterns, learn the basics of hand and machine sewing.	28 July -31 July	Mon-Thurs	11:00 am - 2:00 pm	7 +	\$255
Happy Summer Foulards (Scarf)	Handprinting & stamping on summery pochette & foulard (scarf). We use textile paint to create prints.	04 Aug	Monday	12:00 pm - 2:00 pm	7 +	\$ 65
Happy Summer Foulards (Scarf)	Handprinting & stamping on summery pochette & foulard (scarf). We use textile paint to create prints.	06 Aug	Wednesday	12:00 pm - 2:00 pm	7 +	\$ 65
Happy Summer Tote Bags	Design your own totebag using different design techniques such as embroidery, machine & handsewing, textilepainting & more experiments!	11 Aug	Monday	12:00 pm - 2:00 pm	7 +	\$ 65
Happy Summer Tote Bags	Design your own totebag using different design techniques such as embroidery, machine & handsewing, textilepainting & more experiments!	13 Aug	Wednesday	12:00 pm - 2:00 pm	7 +	\$ 40
Ceramic Painting	Try painting on ceramic. Explore botanical and abstract shapes and bring your own ce- ramic piece to home.	18 Aug	Monday	12:00 pm - 2:00 pm	7 +	\$ 75
Ceramic Painting	Try painting on ceramic. Explore botanical and abstract shapes and bring your own ce- ramic piece to home.	20 Aug	Wednesday	12:00 pm - 2:00 pm	7 +	\$ 75
Plexiglass Painting	Decorate your wall! Bring your own artpiece to home. Play with the projection of the sun and create your own art piece using glasspaint, acrylic and colorful plexiglass pieces.	25 Aug	Monday	12:00 pm - 2:00 pm	7 +	\$ 75
Textile & Paper Flowers	Create your own textile vases and paper flowers using hand and machine sewing techni- ques.	27 Aug	Wednesday	12:00 pm - 2:00 pm	7 +	\$ 55
	lasses are available based on hedule or Creating a Kimo for private cla	no or Fashio	•	If you are interested		



Ms. Elysanne Schuurman is a Dutch Fashion Designer that studied & worked as a creator all over the world and learned the passion for fashion in countries such as The Netherlands, England and Australia. Her work can be seen as energetic and colorful. She always combined fashion & art to create pieces to make her clients happy. With her atelier in the centre of Vicenza she welcomes people to enter her colorful world. She participated at Amsterdam and Milan Fashion Week, seen on tv & more. Her biggest passion is to share all her knowledge, teach and motivate the student to create rks & garments in the world of fashion, textile & art.



Meet Our Instructor

DISCOVER COOKING

All Cooking classes are held in **bldg. 308 Ederle** | Minimum enrollment: 4 | Max: 8

Learn to make two of the most fantastic recipes of Italian cuisine that will make your summer even more beautiful. All supplies and food are provided. Eat what you make and take what you learn to share with friends and family! *Please disclose all food allergies upon registering with Parent Central Services*

Class Title	Dates	Class Days	Time	Age	Fee
Pasta-tively Delicious	June 10	Tuesday	9:00 am	5-7	50\$
Pasta-tively Delicious	June 10	Tuesday	10:45 am	8-12	50\$
Class Title	Dates	Class Days	Time	Age	Fee
Gelato from Scratch	July 29	Tuesday	9:00 am	5-7	50\$
Gelato from Scratch	July 29	Tuesday	10:45 am	8-12	50\$



Meet Our Instructor



Ms. Elena Zanotto has been cooking since she was a child. She discovered her joy of cooking growing up in the countryside where she planted her own vegetables. She currently owns her own business, a cooking school for children, where she enjoys sharing her passion for cooking and Italian food! Elena has been sharing this love of cooking baking with the children and youth of Caserma Ederle since 2015 and also partners with the Child Development Centers and School Age Center to provide mini classes.

DISCOVER Tae Kwon Do



Taekwondo is the Korean art of self-defense, one of the oldest forms of martial arts (reaching back over 2,000 years), and the most widely practiced martial art in the world. Training involves learning a system of blocks, kicks, punches, and open-handed strikes, as well as varying forms of take-downs, throws, and joint locks, all of which develop strength, speed, balance, flexibility, and stamina. Taekwondo is known for its emphasis on kicking techniques, as compared to other martial arts such as karate. Classes are held on Tuesdays & Thursdays. Classes are paid on a monthly basis. | NO CLASSES 1 AUG - 18 AUG | Instructor: Master Kim

Widster Killi							
Class	Date	Days	Time	Age	Fee	No Class	
Beginner	17 June - 31 July	Tues & Thurs	3:30pm - 4:00 pm	5 +	\$ 10 per class		
Intermediate	17 June - 31 July	Tues & Thurs	4:00 pm - 5:00 pm	5 +	\$ 10 per class	19 June & 3 July	
Advance	17 June - 31 July	Tues & Thurs	5:00 pm - 6:00 pm	5 +	\$ 10 per class	5 July	
Class	Date	Days	Time	Age	Fee	No Class	
Beginner	19 Aug - 22 Aug	Tues & Thurs	3:30pm - 4:00 pm	5 +	\$ 10 per class		
Intermediate	19 Aug - 22 Aug	Tues & Thurs	4:00 pm - 5:00 pm	5 +	\$ 10 per class		
Advance	19 Aug - 22 Aug	Tues & Thurs	5:00 pm - 6:00 pm	5 +	\$ 10 per class		



Grand Master Sung Bok Kim is a respected leader in the work of WT Taekwondo. Born in South Korea, he has achieved the rank of 9th Dan Kukkiwon Black Belt in Taekwondo. He has been recognized internationally in martial arts and served as the president of the Veneto Taekwondo Center between 1998-2005. Grand Master Kim is an instructor now at USAG Italy, providing education to both children and adults. His dedication and passion for taekwondo continues to inspire practitioners and instructors all around the world.

School of Sports, Fitness & Health

All classes are held in **bldg. 308 Ederle**

Meet Our Instructor

DISCOVER Gymnastic SUMMER CAMP

All Gym summer Camp classes are held in Bldg. 373, Teen Center | Minimum enrollment: 4 | Max: 12

No assessments required for beginner's classes. Students will work on flexibility, strength, building, and performing skills on the floor, bars, beam, and more. Attire should be active, breathable clothing. No classes on any Federal Holidays. Private lessons can be purchased at the SKIES office.

Class	Days	Time	Class	Fee
		15:30 - 16:15	Beg 4-7 years old	30\$
Camp 1	Mon, 16 June - Wed, 18 June	16:15 - 17:00	Beg 7+ years old	30\$
		17:15 - 18:00	Int and InT/Adv 7+	30\$
Come 2	Man 22 June Thus 26 June	11:00 - 11:45	Beg 4-7 years old	40\$
Camp 2	Mon, 23 June - Thu, 26 June	11:45 - 12:30	Int and InT/Adv 7+	40\$
		10:00 -10:45	Beg 4-7 years old	40\$
Camp 3	Mon, 30 June - Thu, 03 July	10:45 - 11.30	Int and InT/Adv 7+	40\$
		11:30 - 12:15	Int 4-6 years old	40\$
	Tues, 7 July - Thu, 10 July	15:30 - 16:15	Int and InT/Adv 7+	30\$
Camp 4		16:15 - 17:00	Beg 4-7 years old	30\$
		17:15 -18:00	Parents and Me	30\$
		10:00 -10:45	Beg 4-7 years old	40\$
Camp 5	Mon, 14 July - Thu, 17 July	10:45 - 11.30	Int and InT/Adv 7+	40\$
		11:30 - 12:15	Int 4-6 years old	40\$
			1	
Camp 6	Mon, 21 July - Thu, 24 July	10:15 -11:00	Beg 4-7 years old	40\$
Gump 0		11:00 - 11.45	Int and InT/Adv 7+	40\$
	Mon, 04 August - Thu, 07	10:00 -10:45	Beg 4-7 years old	40\$
Camp 7	August - Thu, 07	10:45 - 11.30	Int and InT/Adv 7+	40\$
		11:30 - 12:15	Int 4-6 years old	40\$
			T	1
Camp 8	Mon, 11 August - Thu, 14	10:15 -11:00	Beg 4-7 years old	40\$
Camp o	August	11:00 - 11:45	Int and InT/Adv 7+	40\$



Meet Our Instructors



Ms. Giulia Rodeghiero has practiced gymnastics since she was 5 years old taking part in national and international competitions and she keeps practicing it. She studied early childhood education and graduated at the University level. She focuses on safety and proper form during training in order to learn always new things with no risks. She is also available for private lessons. If your goal is competing, during private lesson she creates for you a specific routine for each discipline. Ms. Giulia's principal aim is to spread her love for this sport to as many children as possible, so they fall in love with it too!



PROYER WHIT SKIES UNLIMITED **ASSESSMENT SKILLS**

LEVEL	SWIM ABILITIES BY LEVEL
Level 1	 Blowing bubbles through mouth and nose, 3 second Front Float 3 secondd with teacher support (starfish on front) Back float 3 seconds with teacher support (starfish back) Treating using arms and hand action in chest-deep water with support (doggy paddle)
Level 2	 Bobbing 5 times in chest-deep water Opening eyes under water and retrieving submerged objects 2 times Push off and swim using combined arm, and leg actions on front for 25 yards (1 lap doggy paddy) Push off ond swim usinig leg action on back for 25 yards (1 lap) Front glide end back glide for body lenght (X2)
Level 3	 Enter water by jumping from the side Jump into deep water from the side, swim backstroke 25 yards (1 lap)
Level 4	 Head entry from the side Perform a feetfirst entry to deep water, swim front crawl breathing in a lateral position (1 lap) Change direction and position as necessary and swim backstroke swim backstroke for 25 yards (1 lap)
Level 5	 Head first entry from the platform Front crawl 50 yards (2 laps) Backstroke 50 yards (2 laps) Breaststroke 25 yards (1 lap)
Level 6	- Swim dolphin for 25 yards (1 lap)
Master Class	 Perform 6 consecutive laps freeslyle Swim front crawl for 2 laps lateral breathing (perfect technique required) Swim backstroke for 2 laps (perfect technique required) Swim breaststroke for 2 laps (perfect technique required) Swim dolphin 1 lap (perfect technique required)

** Students must achive each of the skills identified in the level to progress to the next level.

Students interested in swim lessons must have a current Swim Assessment complete <u>wich is valid for 3 months</u>. Parents must be present a current assessment at the time of enrollment for SKIES swim lessons, level 1 - 6. Students that level up must have two signatures on the swim assessment when registering for the next level.

DISCOVER SWIMMING



Preseason Swim Assessment Dates				
A valid (within 3 months) assessment is REQUIRED for all levels 1 - 6. No appointment neccesary. Cost 9\$ (buy tickets at SKIES or Parent Central Services)				
15:00-18:00	Ederle Fitness Center Swimming Pool			
Thursday: June 12 th 15:00-18:00				
On going session Assessment				
18:30 - 18:45	Ederle Fitness Center Swimming Pool			
15:00 - 15:30	Ederle Fitness Center Swimming Pool			
	hin 3 months) assessment is REQUIRED f ccesary. Cost 9\$ (buy tickets at SKIES or 15:00-18:00 On going session Assessm 18:30 - 18:45			

Swim Camp (Morning) | Ederle Pool

Every day Mor
Instructor: Oraz

Session 1: June 16th - June 27

Sesson 2: June 30th - July 1

Session 3: July 14th

Session 4: July 28t

Classes sc
09:00 - 09:45 M
09:45 - 10:30 Le
10:30 - 11:15 Le
11:15 - 12:00 Le

PRIVATE LESSONS

Private lessons are based on pool and instructor availability. Tickets can be purchased at the SKIES office (Ederle, Bldg. 308), where you can find the pricing for lessons. School of Sports, Fitness & Health

All Swim classes are held in Ederle Fitness Center Swimming Pool

nday to Friday zio and Claudia

Session

7th (no class June 19th) - \$135
1th (no class July 4th)- \$135
n - July 25th - \$150
8th - Aug 1st - \$75

chedule

Aaster & Level 3 evel 1 & Level 4 evel 2 & Level 3 evel 5/6 & Level 1

Swim	ming program (Afternoo	on)				
Instru	ictors: Orazio, Claudia & Maria Luisa	1				
Sessions	Fee	No class				
Session 1: June 16th - July 11th	Mondays - \$60 Tues&Thurs - \$105 Wed&Fri - \$105	June 19th & July 4th				
Session 2: July 14th - Aug 1st	Mondays - \$45 Tues&Thurs - \$90 Wed&Fri - \$90					
	Monday					
Ir	ostructors: Claudia & Maria Luisa					
15:30 - 16:15	Level 2 (Cl	audia)				
15:50 - 16:15	Level 5/6 (Ma	rialuisa)				
16:15 - 17:00	Level 1 (Mar	rialuisa)				
10:13 - 17:00	Level 3 (Claudia)					
17:00 - 17:45	Level 4 (Marialuisa)					
17:45 - 18:30	Level 1 (Marialuisa)					
	Thuesday & Thursday					
Instru	ictors: Orazio, Claudia & Maria Luisa	1				
Level 3 (Claudia)						
15:30 - 16:15	Level 1 (Marialuisa)					
	Master (Orazio)					
16.15 17.00	Level 4 (Orazio)					
16:15 - 17:00	Level 2 (Marialuisa)					
15.00 15.45	Level 3 (O	razio)				
17:00 - 17:45	Level 4 (Marialuisa)					
	Level 2 (Mar	ialuisa)				
17:45 - 18:30	Level 5/6 (C					
	Wednesday & Friday					
I	nstructors: Orazio & Maria Luisa					
	Level 4 (Orazio)					
15:30 - 16:15	Level 2 (Marialuisa)					
16:15 - 17:00	Level 3 (Orazio)					
17:00 - 17:45	Level 5/6 (0	Drazio)				
17:45 - 18:30	Level 1 (Or	razio)				



Li	ttle swimmers (Afternoon))				
Instructors: Claudia & Maria Luisa						
Sessions	Fee	No class				
Session 1: June 16th - July 11th	Mondays - \$60 Tues&Thurs - \$105 Wed&Fri - \$105	June 19th & July 4th				
Session 2: July 14th - Aug 1st	Mondays - \$45 Tues&Thurs - \$90 Wed&Fri - \$90					
Monday						
Instructors: Claudia						
17:00 - 17:30	3 years old					
17:30 - 18:00	4 years old					
Thuesday & Thursday						
Instructors: Claudia						
16:15 - 16:45	16:15 - 16:45Parent & Me Toddler (12 months to 35 months)					
16:45 - 17:15	3 years old					
17:15 - 17:45	4 years old					
17:45 - 18:15	4 years of	old				
Wednesday & Friday						
	Instructors: Maria Luisa					
16:15 - 16:45	Parents & Me Infants (6 months to 11 months)					
16:45 - 17:15	Parents & Me Toddler (12	months to 35 months)				
17:15 - 17:45	3 years old					
17:45 - 18:15 4 years old						



School of Sports, Fitness & Health

Meet Our Instructors



Ms. Claudia Gallo started swimming when she was 3 years old. In her youth and teen years, she was a competitive swimmer. She started providing swim lessons in 2005 while developing her English language skills though a foreign language degree and living in the US. She mastered in early childhood development classes and she loves to share her knowledge with Vicenza community.

Mr. Orazio Comberlato was born and raised in the Thiene area. His passion for swimming started when he was a child, and he has been swimming ever since. Orazio began providing swim instructors in early '90. He has also worked as a coach. In addition to being certified swimming instructor and lifeguard he specialized in rehabilitation and relaxation in water, and he became certified as a reflexologist in 2009. He loves working with children and he is very happy to be part of the SKIES team.



Ms. Marialuisa Toniato started swimming at 20 and then became passionate about the technique of swimming and soon I became a teacher. She then also obtained the lifeguard license. In 25 years of teaching experience to all aged swimmer she has also the opportunity to specialize in the aquatic course for babies (3 months-3 year) and water activities for pregnant women. She also practices triathlons; she is passionate about swimming in open water. Ms. Marialuisa is also a Triathlon instructor, and I completed a full Ironman twice.

DISCOVER Karate

Karate a martial art developed in Okinawa, Japan that stresses striking techniques, such as punching, kicking, knee and elbow strikes, and open-handed techniques such as knife-hands (karate chop). In comparison to Tae kwon do, karate tends to focus more on hand strikes, whereas tae kwon do emphasizes kicking techniques. Classes are held on Mondays & Wednesdays. Classes are paid on a monthly basis. | NO CLASSES 1 AUG-31 AUG | Instructor: Master Macon

Class	Days	Time	Age	Fee
Karate (6 - 7)	Mon & Wed	1:00 pm	6 - 7	\$ 10 per class
Karate (8 - 10)	Mon & Wed	2:00 pm	8 - 10	\$ 10 per class
Karate (11+)	Mon & Wed	3:00 pm	11+	\$ 10 per class



Master Macon was born in Raleigh, North Carolina, and has been practicing Martial Arts since 1985. He has training in several different styles of Martial Arts including Karate, Judo, Kickboxing and Aikido. He has studied and trained directly under Hiroshi Tajiri Sensei, 6th Dan of the Seibukan Aikido Dojo, and Grandmaster Jorge Ordonio of the Karate Tech International Association. Master Macon is also trained in several different Martial Arts weapons such as Bokken, JO, Nun-chuk, Escrima and Jagger. He started teaching Martials Arts in 1998 at Minot Air Force Base. There he started the women and childrens self defense program. He has taught Karate Tech at the Aviano Air base since 2004.



All classes are held in **bldg. 308 Ederle**

Meet Our Instructor

DISCOVER Parkour

All classes are held in **bldg. 304 Villaggio** | Minimum enrollment: 4 | Max: Varies on age

Class description: Parkour is a physical activity that involves moving through an environment—often urban—by running, jumping, climbing, and vaulting over obstacles. It emphasizes fluidity, creativity, and efficiency in navigating the landscape. For children and youth, practicing parkour in a safe environment offers numerous benefits. Enhance physical fitness by building strength, agility, and coordination. Encourage problem-solving skills as participants learn to navigate various challenges creatively. Parkour also fosters resilience and confidence, as practitioners overcome fears and develop new skills. Moreover, it promotes teamwork and social interaction when practiced in groups, making it a fun and engaging way for kids to bond and build friendships. Overall, parkour cultivates a healthy and active lifestyle while emphasizing safety, discipline, and personal growth. Please be sure to wear breathable, athletic clothing. Clean, indoor shoes required. | Instructor: Mr.Simone

Class	Date	Time	Age	Fee	Day of Meeting			
Session 1								
parkour P&M 2 - 3 y	16 June - 18 June	10:30 am - 11:15 am	2 - 3	2 - 3 36\$ Monday	3 36\$ Monday-We	3 36\$ Monday-Wed	Monday-Wednesday	
parkour 4 - 5 y	16 June - 18 June	11:15 am - 12:00 am	4 - 5	36\$	Monday-Wednesday			
parkour P&M 2 - 3 y	16 June - 18 June	02:00 pm - 02:45 pm	2 - 3	36\$	Monday-Wednesday			
parkour 4 - 5 y	16 June - 18 June	02:45 pm - 03:30 pm	4 - 5	36\$	Monday-Wednesday			
parkour 6 - 7 y	16 June - 18 June	03:30 pm - 04:15 pm	6 - 7	36\$	Monday-Wednesday			
parkour 8 - 10 y	16 June - 18 June	04:15 pm - 05:00 pm	8 - 10	36\$	Monday-Wednesday			
parkour 11 plus	16 June - 18 June	05:00 pm - 05:45 pm	11+	36\$	Monday-Wednesday			
	Session 2							
parkour P&M 2 - 3 y	23 June - 26 June	10:30 am - 11:15 am	2 - 3	48\$	Monday-Thursday			
parkour 4 - 5 y	23 June - 26 June	11:15 am - 12:00 am	4 - 5	48\$	Monday-Thursday			
parkour P&M 2 - 3 y	23 June - 26 June	02:00 pm - 02:45 pm	2 - 3	48\$	Monday-Thursday			
parkour 4 - 5 y	23 June - 26 June	02:45 pm - 03:30 pm	4 - 5	48\$	Monday-Thursday			
parkour 6 - 7 y	23 June - 26 June	03:30 pm - 04:15 pm	6 - 7	48\$	Monday-Thursday			
parkour 8 - 10 y	23 June - 26 June	04:15 pm - 05:00 pm	8 - 10	48\$	Monday-Thursday			
parkour 11 plus	23 June - 26 June	05:00 pm - 05:45 pm	11+	48\$	Monday-Thursday			
		Session 3						
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parkour 4 - 5 yo	30 June - 3 July	11:15 am - 12:00 am	4 - 5	48\$	Monday-Thursday			
parkour 11 plus	30 June - 3 July	02:00 pm - 02:45 pm	11+	48\$	Monday-Thursday			
parkour 8 - 10 yo	30 June - 3 July	02:45 pm - 03:30 pm	8 - 10	48\$	Monday-Thursday			
parkour 6 - 7 y	30 June - 3 July	03:30 pm - 04:15 pm	6 - 7	48\$	Monday-Thursday			
parkour 4 - 5 y	30 June - 3 July	04:15 pm - 05:00 pm	4 - 5	48\$	Monday-Thursday			
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		Session 4			1			
parkour P&M 2 - 3 y	7 July - 10 July	10:30 am - 11:15 am	2 - 3	48\$	Monday-Thursday			
parkour 4 - 5 yo	7 July - 10 July	11:15 am - 12:00 am	4 - 5	48\$	Monday-Thursday			
parkour 11 plus	7 July - 10 July	02:00 pm - 02:45 pm	11+	48\$	Monday-Thursday			
parkour 8 - 10 yo	7 July - 10 July	02:45 pm - 03:30 pm	8 - 10	48\$	Monday-Thursday			
parkour 6 - 7 y	7 July - 10 July	03:30 pm - 04:15 pm	6 - 7	48\$	Monday-Thursday			
parkour 4 - 5 y	7 July - 10 July	04:15 pm - 05:00 pm	4 - 5	48\$	Monday-Thursday			
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School of Sports, Fitness & Health

DISCOVER Kung Fu

All classes are held in **bldg. 304 Villaggio** | Minimum enrollment: 4 | Max: Varies on age

This program combines self-defense techniques with various combat sports, providing a unique opportunity to develop essential skills while training safely and having fun. Participants receive high-quality instruction as they learn techniques that enhance balance, strength, and coordination. With a focus on self-defense, confidence-building, and resilience, each session is designed to engage and motivate students. The class includes a mix of drills, sparring exercises, and interactive games, fostering both physical fitness and personal growth. Come be part of an empowering experience where teens can learn to protect themselves while enjoying a positive and supportive environment! | Instructor: Mr. Simone

Sessions	Date	Time	Day	Fee	Age
Session 1	16 June - 18 June	12:30pm - 1:55pm	Monday-Wednesday	45\$	9+
Session 2	23 June - 26 June	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 3	30 June - 3 July	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 4	7 July - 10 July	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 5	14 July - 17 July	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 6	21 July - 24 July	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 7	28 July - 31 July	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 8	04 Aug - 07 Aug	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 9	11 Aug - 14 Aug	12:30pm - 1:55pm	Monday-Thursday	60\$	9+
Session 10	18 Aug - 21 Aug	12:30pm - 1:55pm	Monday-Thursday	60\$	9+



Meet Our Instructor



Mr. Simone Marini is a graduate of Social Sanitary Services Technician, focusing on the toddler age group. He has worked in the SKIES program since 2014, teaching to children of all age a variety of sports and disciplines like Parkour, Kung Fu, Ninja Training, Kick Boxing, Grappling, Stage Fight (stunts) and Light Sabre Combat. Mr. Marini also partakes in Imagine Adventure (D&D adventures) and has partnered with the Youth Program in the past to offer a specialized summer camp.



SCAN HERE

We'd love to hear from you on how we're doing!

Interactive Customer Evaluation (ICE) - USAG Italy



Contact Info

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SKIESUnlimited Caserma Ederle (Bldg. 308) DSN: 646-4992/4988 CIV: 0444-71-4992/4988

> **SKIESUnlimited** Villaggio (Bldg. 304) DSN: 646-4420 CIV: 0444-71-4420

Parent Central Services Caserma Ederle (Bldg. 108) DSN: 646-5820/5821 CIV: 0444-71-5820/5821

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